



## MOR Orthopedic Physical Therapy Residency Faculty 2023-2024



### **Robert LeBeau PT, ScD, OCS, FAAOMPT**

Director Orthopaedic Physical Therapy Residency  
Board-Certified Orthopaedic Clinical Specialist  
Fellow - American Academy Orthopaedic Manual Physical Therapists  
Director: Orthopedic Physical Therapy Residency

Dr. Bob LeBeau is the director of Midwest Orthopedics at Rush physical therapy residency program. He is a graduate of Texas Tech University receiving a Doctor of Science (ScD) in orthopedic physical therapy. He holds distinction of Orthopedic Clinical Specialist (OCS) and Fellow of the American Academy of Orthopedic Manual Therapists (FAAOMPT). Dr. LeBeau's research, education, and clinical focus is on manual therapy, movement science, and hip pain. Additionally, he is an author, educator, and speaker on the topics of movement science and non-arthritic hip pain therapy.



### **Albin Mutholam PT, DPT, OCS**

Doctor of Physical Therapy  
Board-Certified Clinical Specialist in Orthopedic Physical Therapy  
Physical Therapy Residency Coordinator  
Director- Complex Knee Special Interest Program  
Coordinator: Orthopedic Physical Therapy Residency

Dr. Mutholam is a residency trained Board-Certified Clinical Specialist in Orthopedic Physical Therapy. After going through undergrad and PT school at Saint Louis University, he went down to Memorial Hermann || IRONMAN Sports Medicine to complete his orthopedic residency training. At MOR, Albin serves as the residency coordinator for both orthopedics and sports physical therapy residencies and the director of the Complex Knee Special Interest Program. He also has additional roles in research, advanced mentoring and being a clinical instructor. He has a special interest in treating complex knee and hip conditions and works closely with the interdisciplinary teams at MOR to help improve outcomes across the board. Outside of PT, Albin likes to spend time at the gym pretending to be athletic, reading new books, and spending time with loved ones exploring Chicago through food and coffee!



**Derek Jones PT, DPT, OCS**

Doctor of Physical Therapy  
Board-Certified Clinical Specialist in Orthopedic Physical Therapy

Dr. Jones has been a physical therapist with Midwest Orthopaedics at Rush based out of the Oak Brook clinic since Early 2019. He is a board-certified clinical specialist in orthopedic physical therapy, with a specific interest in hip preservation and spinal conditions. He has mentored several clinicians, taken multiple students and created educational content and in-service presentations for the company over the past 4 years.



**Abigail A Misenheimer, PT, DPT, SCS, ATC**

Director Sports Physical Therapy Residency  
Board-Certified Clinical Specialist in Sports Physical Therapy

A North Carolina native, Dr. Misenheimer attended the University of North Carolina at Chapel Hill where she was an Exercise and Sports Science major with a focus in Athletic Training. Upon graduation, she continued her studies at Emory University where she earned her Doctor of Physical Therapy degree. After graduating, she attended the University of Miami's Sports Physical Therapy Residency and transitioned to a full-time physical therapist and athletic trainer position within the University's athletic department following its completion. She has been a Board-Certified Sports Clinical Specialist since passing the exam in 2021 and is the Sports Physical Therapy Residency Director at Midwest Orthopaedics at Rush, practicing out of the Chicago location. In addition to her directorship with the sports residency, she serves as primary mentor and instructor with the orthopedic residency. Dr. Misenheimer is also the lead of MOR's Special Interest Programs.



**Nikolas Psarros, PT, DPT, SCS**

Doctor of Physical Therapy  
Board-Certified Clinical Specialist in Sports Physical Therapy  
Director - Shoulder Special Interest Program

Dr. Psarros is a sports residency trained physical therapist. Upon graduating from Marquette University's DPT program in 2021, Nikolas moved to New Orleans, LA to complete his Sports PT Residency at Ochsner Health. He passed his SCS exam and became a Board-Certified Sports Clinical Specialist in June of 2023. Additionally, Nikolas leads the Shoulder Special Interest Program and is a mentor in the Sports and Orthopedic residencies at MOR. Nikolas is certified in Dry Needling Level 1 and is an APTA Clinical Instructor.



**Sara Rundgren, PT, DPT, OCS**

Doctor of Physical Therapy  
Board-Certified Clinical Specialist in Orthopedic Physical Therapy

Dr. Rundgren earned her Doctorate of Physical Therapy from Texas Woman's University in Houston, TX in 2021. After graduating from PT school, she completed an orthopedic residency program with the Harris Health System in Houston. Sara became a Board-Certified Orthopedic Clinical Specialist in June 2023. In addition to being on the residency faculty, Sara also leads the Spine Special Interest Program and serves as a clinical instructor. She has special clinical interests in low back pain, chronic pain, and pelvic floor dysfunction.



**Allison Welch, PT, DPT, OCS**

Doctor of Physical Therapy

Clinic Manager

Board-Certified Clinical Specialist in Orthopaedic Physical Therapy

Dr. Welch earned her Doctorate of Physical Therapy from the University of South Florida-Morsani College of Medicine in 2015. She completed an orthopedic residency program through Evidence in Motion and became board-certified in orthopedic physical therapy in 2018. Allison is certified in blood flow restriction (BStrong), Graston technique, and trained in Dry Needling (Level 2). She completed training

through OccuPro to perform work conditioning evaluations and treatment. With her experience in work conditioning and her previous experiences working closely with the Chicago Fire Department, she has a passion for rehabilitating the Tactile Athlete (first responders), back to full function. Her other special interests include performing arts (specializing in Irish dancers) and pediatric orthopedics. She enjoys treating the extremities, especially the foot and ankle.