

Julia R. Bruene MD

Midwest Orthopaedics at RUSH
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(312)432-2436
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EDUCATION

M.D. Rush Medical College of Rush University, Chicago, IL. 2006-2010.
Graduated in Top 20% of class.
B.S. University Of Illinois at Urbana-Champaign. 2002-2006. Health
Planning and Administration, Chemistry Minor. Graduated *magna cum
laude*.

POST-GRADUATE MEDICAL EDUCATION

2010-2013 Advocate Lutheran General Hospital Family Medicine Residency
Program, Park Ridge, IL. Area of Concentration in Sports Medicine.
2012-2013 Chief Resident.
2013-2014 Primary Care Sports Medicine Fellowship, Rush University Medical
Center, Chicago, IL. Graduation date 7/31/2014.

LICENSES, CERTIFICATIONS, TESTING

Board-Certified Diplomate, American Board of Family Medicine, 2013
Sports Medicine Certificate of Added Qualification (CAQ), 11/2014
Medical License: Illinois; 125-058044
ACLS, BLS: *Advanced Cardiac Life Support*.
USMLE Step 1 Score: 256/99
USMLE Step 2 Score: 263/99
USMLE Step 3 Score: 244/89

HONORS AND AWARDS

2012-13	Elected Chief Resident for 2012-2013 Academic Year at ALGH Family Medicine Residency Program.
2013	Received Chief Resident Award at ALGH
2010	Graduated in Top 20% of Class, Rush Medical College
2009	Alpha Omega Alpha Medical Honor Society, Rush Medical College.
2008	Dean's Summer Research Fellowship, Rush Medical College

RESEARCH, PRESENTATIONS, AND CONFERENCES

2013-14	"Updated Trends in the Use of Performance-Enhancing Drugs and Ergogenic Aids in High School and Collegiate Athletes." With Jeffrey M. Mjaanes, MD, FACSM. Presented at Thesis Day, Rush University Medical Center/Midwest Orthopaedics at RUSH, 6/27/14.
April, May 2014	Poster presentation at American Medical Society for Sports Medicine (AMSSM) National Meeting: "A Worsening Forearm Fracture - Cast in a New Light". Podium case presentation at American College of Sports Medicine (ACSM) National Meeting: "Respiratory Distress - Football".
2012	ALGH Family Medicine Residency Program, Park Ridge, IL. Kara Vormittag, MD, Advisor. "Physician Fitness: Correlation between Physician Fitness, Fitness Knowledge, and Counseling Behaviors." Presented at the 33 rd Forum for Behavioral Science in Family Medicine, Chicago, IL.
2012	ALGH Family Medicine Residency Program, Park Ridge, IL. Kara Vormittag, MD, Advisor. "Physician Self-Reporting, Fitness, and Counseling." Presented at Advocate Innovation Forum 2012, Park Ridge, IL.
May, October 2012	AAFP Chief Resident Leadership Development Program. Kansas City, MO
August 2011	Represented ALGH Family Medicine Residency Program at the AAFP National Conference of Family Medicine Residents and Medical Students. Kansas City, MO

- 2008 Rush University, Chicago, IL. Susan Chubinskaya, Ph.D. "Investigation of Catabolic Responses in Human Articular Cartilage in an Acute Trauma Model." Presented poster at Rush University Research Forum 2008
- 2007 Rush University, Chicago, IL. James Williams, Ph.D. "Superficial Brachial Artery Anomaly Serving as Collateral Circulation to the Radial Artery." Presented poster at American Association of Clinical Anatomists Annual Meeting, Las Vegas, NV. Also presented poster at Rush University Research Forum 2007.
- 2004-2006 University of Illinois at Urbana-Champaign, College of Veterinary Medicine. Indrani Bagchi, Ph.D. Principal Investigator. Participated in ongoing research involving Reproductive Endocrinology in mice through UIUC Work Study Program.
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PUBLICATIONS

- 2014 Biologic Knee Reconstruction: A Surgeon's Guide. Brian J. Cole MD, Joshua D. Harris, MD. "Chapter 8: Pharmacologic Treatments". With Kathleen M. Weber, MD.
- 2014 Stress Fractures in Athletes. Christopher Kaeding MD, Timothy Miller MD. "Stress Fractures of the Femur". With Bernard R. Bach, Jr. MD, Kathleen M. Weber MD, and Marc Haro, MD.
- 2014 Illinois Pediatrician, American Academy of Pediatrics. Spring 2014 issue, volume 32, number 1. "Summary of Current Concussion Management Guidelines". With Jeffrey M. Mjaanes MD.
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LEADERSHIP EXPERIENCE

- 2012-2013: Chief Resident, ALGH Family Medicine Residency Program, Park Ridge, IL.
- 2012-2013: Curriculum Committee, ALGH FMRP, Park Ridge, IL
- 2011-2013: Resident Advisory Council, Lutheran General Hospital, Park Ridge, IL
- 2011-2013: Nesses Operations Committee (outpatient clinic), ALGH FMRP, Park Ridge, IL
- 2010-2013: Retreat Committee, ALGH FMRP, Park Ridge, IL
- 2010-2013: Recruitment Committee, ALFH FMRP, Park Ridge, IL
- 2004-2006: University of Illinois McKinley Health Center Student Advisory Board. Urbana-Champaign, IL. Served as Undergraduate President 2005-2006.
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SPORTS/EVENT COVERAGE

- 2014-Present Co-Team Physician, Chicago White Sox. Medical coverage for MLB games.
- Team Physician, Trinity International University, Bannockburn ,IL. Training room coverage and football sideline coverage.
- Co-Team Physician, Illinois Institute of Technology, Chicago, IL. Training room coverage for all athletes.
- 2013-2014: Team Physician, DePaul University, Chicago, IL. Training room coverage for all DePaul athletes and sideline coverage for NCAA Division 1 men’s/women’s basketball and soccer.
- Team Physician, Trinity International University, Deerfield, IL. Sideline coverage for NAIA men’s football.
- Fellow Team Physician for the Chicago Bulls, including pre-participation exams and game coverage.
- Fellow Team Physician for the Chicago White Sox, including pre-participation exams at spring training and game coverage.
- Fellow Team Physician, Chicago Riot Rugby. Sideline coverage for men’s club rugby team.
- Fellow Team Physician, Chicago Force. Pre-participation exams and game coverage for WFA professional women’s football team.
- Fellow Team Physician, Chicago Steel. Pre-participation exams and game coverage for men’s semi-professional hockey team.
- International Gymnastics Institute, Chicago Style Gymnastics Meet coverage.
- Bank of America Shamrock Shuffle 8K Medical Aid Station Captain.
- McDonald’s All-American Game Medical Coverage.
- Rock ‘n’ Roll Chicago Half Marathon Medical Coverage.
- 2012-2013: Team Physician, Maine West High School. Des Plaines, IL.
- 2010-2013: Bank of America Chicago Marathon Medical Volunteer.
- 2012, 2013: Chicago Polar Dash Half Marathon/10K Medical Volunteer.
- 2011, 2013: Chicago Monster Dash Half Marathon/10K Medical Volunteer

PROFESSIONAL ORGANIZATIONS

American Board of Family Medicine, Diplomate
American Academy of Family Physicians, Member
American Medical Society of Sports Medicine, Member
American College of Sports Medicine, Member
Alpha Omega Alpha, Rush Medical College, Member
American College of Physicians, Member

HOBBIES AND INTERESTS/SPECIAL SKILLS

Special interests in concussion management, care of female athletes, care of combat athletes/mixed martial arts, and special needs athletes. Brazilian Jiu-Jitsu practitioner. Accomplished wedding singer. Chicago sports fanatic.