

JOSHUA A. BLOMGREN, D.O.

EXPERIENCE

ATTENDING PHYSICIAN Primary Care Sports Medicine, Midwest Orthopaedics at RUSH, Chicago, IL. Rush University Medical Center, Departments of Family Practice and Orthopedics, Chicago, IL. August 2010-present.

ACADEMIC BACKGROUND

FELLOWSHIP Primary Care Sports Medicine, Rush University Medical Center, Chicago, IL. July 2010.

RESIDENCY Resurrection Family Practice Residency, Resurrection Medical Center, Chicago, IL. June 2009.

MEDICAL Doctor of Osteopathy, Chicago College of Osteopathic Medicine, Downers Grove, IL. May 2006.

UNDERGRADUATE Bachelor of Science in Biochemistry, Benedictine University, Lisle, IL. May 2001.

HONORS & AWARDS

Dean's Commendation Award, Midwestern University's Chicago College of Osteopathic Medicine, May 2006.

Graduate *Cum Laude*-Benedictine University, May 2001

Inductee-Phi Lambda Upsilon, Honorary Chemical Society, May 2001

Most Outstanding Physical Chemistry Student, 2000-2001 Academic Year

Inductee-Kappa Mu Epsilon, National Mathematics Honor Society, 2000

Most Outstanding Physics Student, 1997-1998 Academic Year

SPORTS MEDICINE/LEADERSHIP ACTIVITIES

Head Team Physician, York Community High School, Elmhurst, IL, August 2010-present

Physician, Mount Carmel High School Pre-Participation Physicals, May 2010.

Co-Team Physician, Chicago Force Football Team, April 2010-July 2010.

Covering Physician, Chicago White Sox Spring Training, Glendale, AZ, March 2010.

Event Physician, IGI Annual Gymnastics Meet, Chicago, IL, February 2010.

Physician, Bank of America Chicago Marathon, October 2009.

Co-Team Physician, DePaul University Athletics, August 2009-Present.

Co-Team Physician, Trinity International University Athletics, August 2009-Present.

Physician, Bank of America Chicago Marathon, October 2008.

Physician, Men's Health Chicago Urbanathlon, October 2008.

Physician, USA Cycling Professional Criterium Championships, Downers Grove, IL, August 2008.

Event Physician, Bank of America Open, Nationwide PGA Tour, The Glen Club, Glenview, IL, May 2008.

Volunteer Physician, Community Dermatologic Screening, Resurrection Medical Center, May 2008.

Physician, LaSalle Bank Chicago Marathon, October 2007.

Residency Representative, AAFP Resident and Student National Conference, Kansas City, MO, August 2007.

Health Fair Volunteer, Fitness Screening and Assisting with Exercise Prescription, Health and Fitness Fair, Resurrection Medical Center, January 2007.

Sideline Physician, Loyola Academy Football, 2006/2007.

President, Chicago College of Osteopathic Medicine Class of 2006, 2004-2006 Academic Years.

President, Local Chapter of Student Osteopathic Medical Association, 2003-2004 Academic Year

Constituent Delegate, "D.O. Day on Capital Hill", 2003, 2004, 2005

Assistant to the Team Physician, Bremen High School Football Team, Fall 2005

Medical Staff Volunteer, AVP Chicago Open Beach Volleyball Tournament, August 2005.

Medical Staff Volunteer, Accenture Chicago Triathlon, August 2005.

Volunteer, Community Health Clinic, Chicago, IL, 2002-2006.

Volunteer, "Groovin' in the Grove" 5K Run/Walk, 2003.

Volunteer, Midwestern University Health Fair Volunteer, 2003.

Volunteer, Midwestern University Halloween Party, 2002.

Volunteer, Museum of Science and Industry, Chicago, IL 2002.

PUBLICATIONS/PRESENTATIONS

Lecturer, "Spondylolysis", Rush University Medical Center-Primary Care Sports Medicine Conference, July 2010

"Analysis of Glenohumeral Joint Rotational Deficits in Softball Windmill Pitchers", Rush University Medical Center-Department of Orthopedic Surgery 22nd Annual Thesis Day, June 2010.

Case Presentation, "Cervical Injury-Football". American College of Sports Medicine Annual Meeting, Baltimore, MD. June 2010.

Lecturer, "Diabetic Athlete", Rush University Medical Center-Primary Care Sports Medicine Conference, May 2010.

Poster Presentation, "Foot Injury-Adolescent Athlete". American Medical Society for Sports Medicine Annual Meeting, Cancun, MX. April 2010.

Lecturer, "Blunt Chest and Abdominal Trauma in Sports", Rush University Medical Center-Primary Care Sports Medicine Conference, March 2010.

"Acute Shoulder Injuries in Child and Adolescent Athletes". *Illinois Pediatrician*. Volume 27, Number 4. December, January, February 2009-2010.

Lecturer, "Rheumatology in Sports Medicine", Rush University Medical Center-Primary Care Sports Medicine Conference, December 2009.

Lecturer, "Gastrointestinal Disorders in Athletes", Rush University Medical Center-Primary Care Sports Medicine Conference, October 2009.

Lecturer, "Performance Enhancing Substances", Rush University Medical Center-Primary Care Sports Medicine Conference, September 2009.

Guest Lecturer, "Steroids and Other Performance Enhancing Substances", Lincoln Junior High School, Physical Education Classes, Park Ridge, IL, February 2007.

RESEARCH & EMPLOYMENT EXPERIENCE

Research Assistant-Ben May Institute for Cancer Research, University of Chicago, August 2001-August 2002.

- Evaluated the binding capacity of Estradiol-like and Tamoxifen-like compounds to an Estrogen-receptor protein model using a biofluorescence assay in an effort to find compounds selectively binding Estrogen-receptor positive breast cancer cell lines to evaluate proliferation or suppression of tumor cell growth

Research Assistant-Benedictine University in association with Argonne National Laboratories, Summer Internship June 2000-August 2000.

- Analyzed various methods of preparation for bacterial growth media to optimize bacterial growth for use in chromium uptake assay to evaluate bacteria's role in removal of radioactive and heavy metal waste from the soil and the water table

PROFESSIONAL MEMBERSHIPS

American Medical Society for Sports Medicine

American College of Sports Medicine

Illinois Osteopathic Medical Society

American Association of Family Physicians

Illinois Association of Family Physicians

LICENSES & CERTIFICATIONS

CAQ Sports Medicine, American Board of Family Physicians, Eligible July 2010

Diplomate, American Board of Family Physicians, Certified 2009

Illinois Physician

COMLEX Level I-pass June 2004, Level II-CE-pass January 2006, Level II-PE-pass March 2006, Level III-pass January 2008

Advanced Cardiac Life Support

Pediatric Advanced Life Support

Neonatal Advanced Life Support

Advanced Life Support for Obstetrics

Basic Life Support

MEETINGS ATTENDED

American College of Sports Medicine Annual Meeting, 2010; Baltimore, MD.

American Medical Society for Sports Medicine Annual Meeting, 2010; Cancun, Mexico.

American College of Sports Medicine Team Physician Course Part II, 2007; LaJolla, CA.

American College of Sports Medicine Team Physician Course Part I, 2008; San Antonio, TX.

REFERENCES

Available upon request