

*CURRICULUM VITAE*  
**JOHN J. FERNANDEZ, M.D.**

CONTACT

**MIDWEST ORTHOPAEDICS AT RUSH**  
1725 WEST HARRISON STREET, SUITE 1042  
CHICAGO, IL 60612  
PHONE: 312.432.2300

**EDUCATION**

**FELLOWSHIP - HAND AND MICROVASCULAR SURGERY**

**INDIANA HAND CENTER**

INDIANAPOLIS, INDIANA  
JULY 1995 TO JULY 1996

**RESIDENCY - ORTHOPAEDIC SURGERY**

**UNIVERSITY OF PITTSBURGH MEDICAL CENTER**

PITTSBURGH, PENNSYLVANIA  
JULY 1991 TO JULY 1995

**INTERNSHIP - GENERAL SURGERY**

**UNIVERSITY OF PITTSBURGH MEDICAL CENTER**

PITTSBURGH, PENNSYLVANIA  
JUNE 1990 TO JUNE 1991

**MEDICAL SCHOOL**

**NORTHEASTERN OHIO UNIVERSITIES COLLEGE OF MEDICINE**

MEDICAL DOCTORATE, GRADUATED *SALUTATORIAN*  
ROOTSTOWN, OHIO  
SEPTEMBER 1986 TO MAY 1990

**UNDERGRADUATE SCHOOL**

**UNIVERSITY OF AKRON**

BACHELORS OF SCIENCE, GRADUATED *MAGNA CUM LAUDE*  
AKRON, OHIO  
JUNE 1984 TO MAY 1986

## **CERTIFICATION AND LICENSURE**

**DIPLOMATE, AMERICAN BOARD OF ORTHOPAEDIC SURGERY, 1998.**  
BOARD CERTIFIED IN ORTHOPAEDIC SURGERY.

**CERTIFICATE OF ADDED QUALIFICATION IN HAND SURGERY, 2001.**  
BOARD CERTIFIED IN HAND AND MICROVASCULAR SURGERY.

**DIPLOMATE, AMERICAN BOARD OF INDEPENDENT MEDICAL EXAMINERS, 1998.**  
BOARD CERTIFIED IN INDEPENDENT MEDICAL EXAMINATION.

**DIPLOMATE, NATIONAL BOARD OF MEDICAL EXAMINERS, 1991.**

### **MEDICAL LICENSURE**

**ILLINOIS:** (ACTIVE)  
**INDIANA:** (INACTIVE)  
**FLORIDA:** (INACTIVE)  
**PENNSYLVANIA:** (INACTIVE)

## **PROFESSIONAL MEMBERSHIPS**

**AMERICAN ACADEMY FOR ORTHOPAEDIC SURGEONS**

**AMERICAN COLLEGE OF OCCUPATIONAL AND ENVIRONMENTAL MEDICINE**

## **PROFESSIONAL APPOINTMENTS**

***ASSISTANT PROFESSOR, ORTHOPAEDIC DEPARTMENT, RUSH-PRESBYTERIAN-ST. LUKE'S MEDICAL CENTER.*** CHICAGO, IL, 1998 TO PRESENT.

***DIRECTOR OF MICROSURGERY, MIDWEST ORTHOPAEDICS HAND & SHOULDER CENTER AT RUSH.*** CHICAGO, IL, 1998 TO PRESENT.

***COMMITTEE ON ADMISSIONS, RUSH MEDICAL COLLEGE.*** CHICAGO, IL, 2005 TO PRESENT.

***VICE-PRESIDENT, SOUTH FLORIDA MICROSURGICAL ASSOCIATES.*** FORT LAUDERDALE, FL, 1997 AND 1998.

## **PROFESSIONAL APPOINTMENTS (CONT)**

**BOARD MEMBER, ARTHRITIS FOUNDATION.** FORT LAUDERDALE, FL, 1997 AND 1998.

**FACULTY INSTRUCTOR, ORTHOPAEDIC TRAUMA: TEAM APPROACH TO FRACTURE MANAGEMENT (AO ASIF).** CHICAGO, IL, 1999.

**FACULTY INSTRUCTOR, HAND CARE 1996: CLINICAL PERSPECTIVES IN UPPER EXTREMITY SURGERY AND REHABILITATION.** INDIANAPOLIS, IN, 1996.

**FACULTY MODERATOR, AMERICAN ORTHOPAEDIC ASSOCIATION RESIDENT'S CONFERENCE.** PITTSBURGH, PA, 1995.

**CHIEF EDITOR, THE PITTSBURGH ORTHOPAEDIC JOURNAL.** PITTSBURGH, PA, 1995.  
**ASSOCIATE EDITOR,** 1993 AND 1994.

**VICE-PRESIDENT, ALPHA OMEGA ALPHA, ZETA CHAPTER.** AKRON, OH, 1989 TO 1990.

## **HONORS & AWARDS**

**ALPHA OMEGA ALPHA,** 1989 AND 1990.

**ANN SCHILLING SCHOLAR,** 1988 AND 1989.

**KOPSCH AWARD,** 1988 AND 1989.

**MEDICAL FOUNDATION SCHOLAR,** 1988 AND 1989.

**OHIO BOARD OF REGENTS AWARD OF DISTINCTION,** 1984.

## **PUBLICATIONS & PRESENTATIONS**

### **PUBLICATIONS**

**FRACTURES OF THE DISTAL RADIUS TREATED BY EXTERNAL FIXATION AND LIMITED DORSAL ARTHROTOMY.** BALTERA RM AND FERNANDEZ JJ. IN **ATLAS OF THE HAND CLINICS**, 2 (1): 73-96. PHILADELPHIA, W.B. SAUNDERS, 1997.

**OUTCOME OF SURGICALLY TREATED DISTAL RADIUS FRACTURES USING THE SF-36.** FERNANDEZ JJ, GRUEN GS, AND HERNDON JH. IN **CLINICAL ORTHOPAEDICS AND RELATED RESEARCH**, 341: 36-41, 1997.

**ADULT RECONSTRUCTION.** SOTEREANOS N, FERNANDEZ JJ, AND ENGH CA. IN **MILLER'S REVIEW OF ORTHOPAEDICS**, 2ND ED., CHAPTER 3: 210-222. PHILADELPHIA, W.B. SAUNDER'S, 1996.

## **PUBLICATIONS & PRESENTATIONS (CONT)**

**NON-EXTENSILE APPROACHES IN THE TREATMENT OF DISPLACED ACETABULAR FRACTURES.** SCHMIDT CS, GRUEN GS, ANDERSON G, AND FERNANDEZ JJ. IN **ORTHOPAEDIC TRANSACTIONS**, 18 (1): 18-19, 1994.

**ASK THE DOCTOR.** FERNANDEZ JJ. IN **THE SUN-SENTINEL** (WEEKLY COLUMN). FORT LAUDERDALE, FL, 1996 TO 1998.

## **PRESENTATIONS AND LECTURES**

**SCAPHOID FRACTURES AND THEIR SEQUELAE.** FERNANDEZ JJ. **INSTRUCTIONAL COURSE ANNUAL MEETING AMERICAN SOCIETY FOR SURGERY OF THE HAND;** SAN ANTONIO, TX, SEPTEMBER 23, 2005.

**OPERATIVE TREATMENT OF DISTAL RADIUS FRACTURES.** FERNANDEZ JJ. **TREATMENT OPTIONS FOR DIFFICULT FRACTURES: A NEW TECHNOLOGY SYMPOSIUM;** CHICAGO, IL, MAY 7, 2005.

**MANAGEMENT OF CARPAL, METACARPAL, AND PHALANGEAL FRACTURES.** FERNANDEZ JJ. **ILLINOIS TRAUMA SYMPOSIUM, 3<sup>ND</sup> ANNUAL MEETING;** CHICAGO, IL, APRIL 9, 2005.

**OPERATIVE APPROACHES: ELBOW, WRIST, AND HAND.** REHAB TALK.

**THE ROLE OF INDEPENDENT MEDICAL EXAMINATIONS AND LEGAL CONSIDERATIONS.** FERNANDEZ JJ. **DISABILITY MANAGEMENT EMPLOYER COALITION;** CHICAGO, IL, MAY 19, 2005.

**OPEN TECHNIQUES: SCAPHOLUNATE LIGAMENT CAPSULODESIS OPTIONS.** FERNANDEZ JJ. **THE WRIST: ARTHROSCOPIC AND OPEN TECHNIQUES;** CHICAGO, IL, AUGUST 7-8, 2004.

**INJURIES OF THE DISTAL ULNA AND DISTAL RADIOULNAR JOINT.** FERNANDEZ JJ. **FACULTY AT CURRENT OPTIONS IN THE TREATMENT OF WRIST FRACTURES;** CHICAGO, IL, MAY 14-15, 2004.

**LOWER EXTREMITY TRAUMA SOFT TISSUE RECONSTRUCTION.** FERNANDEZ JJ. **PRESENTED AT ILLINOIS TRAUMA SYMPOSIUM, 2<sup>ND</sup> ANNUAL MEETING;** CHICAGO, IL, MARCH 26, 2004.

**WRIST AND HAND: CURRENT CONCEPTS OF WORK RELATED INJURIES.** FERNANDEZ JJ. **PRESENTED AT WORKERS COMPENSATION LAWYERS ASSOCIATION 2003 MEDICAL SEMINAR;** CHICAGO, IL, SEPTEMBER 26, 2003.

## PUBLICATIONS & PRESENTATIONS (CONT)

### ARTHROSCOPIC AND OPEN MANAGEMENT OF BENNETT'S FRACTURES.

FERNANDEZ JJ. FACULTY AT **WRIST ARTHROSCOPY: CURRENT KNOWLEDGE, NEW HORIZONS**; ROSEMONT, IL, APRIL 11-12, 2003.

### COMPLICATIONS OF TRIANGULAR FIBROCARTILAGE COMPLEX SURGERY.

FERNANDEZ JJ. FACULTY AT **WRIST ARTHROSCOPY 2003: CURRENT KNOWLEDGE, NEW HORIZONS**; CHICAGO, IL, APRIL 11-12, 2003.

**DISTAL BICEPS RUPTURES – ANTERIOR APPROACH – WHY AND HOW.** FERNANDEZ JJ. PRESENTED AT **AMERICAN SOCIETY FOR SURGERY OF THE HAND, SPECIALTY DAY: THE UPPER EXTREMITY: CURRENT CONTROVERSIES AND TECHNIQUES**; NEW ORLEANS, LA, FEBRUARY 18, 2003.

**COMPLEX HAND FRACTURES.** FERNANDEZ JJ. **INTERNATIONAL INSTRUCTIONAL COURSE ANNUAL MEETING AMERICAN ASSOCIATION OF HAND SURGEONS**; CANCUN, MEXICO, JANUARY 2002.

**WRIST ARTHROSCOPY: CURRENT TECHNIQUES AND PERSPECTIVES.** FERNANDEZ JJ. **WRIST ARTHROSCOPY COURSE**; ROSEMONT, IL, MAY 18-19, 2001.

**CURRENT MANAGEMENT OF INFECTIONS OF THE UPPER EXTREMITY.** FERNANDEZ JJ. **INSTRUCTIONAL COURSE ANNUAL MEETING AMERICAN SOCIETY FOR SURGERY OF THE HAND**; BALTIMORE, MD, OCTOBER 4, 2001.

**EXTERNAL FIXATION OF LARGE AND SMALL BONE FRACTURES.** FERNANDEZ JJ. PRESENTED AT **AO ASIF TRAUMA SYMPOSIUM - ORTHOPAEDIC TRAUMA: TEAM APPROACH TO FRACTURE MANAGEMENT**; CHICAGO, IL, AUG 1999.

**SINGLE INCISION TECHNIQUE FOR BICEPS TENDON REPAIR.** ANDERSON GB AND FERNANDEZ JJ. PRESENTED AT **AMERICAN SPORTS MEDICINE FELLOWSHIP SOCIETY, 6<sup>TH</sup> ANNUAL MEETING**; BIRMINGHAM, AL, JUNE 1999.

**A NEW TECHNIQUE FOR REPAIR OF DISTAL BICEPS TENDON AVULSIONS.** FERNANDEZ JJ, GREENBERG JA, WANG T, AND TURNER C. PRESENTED AT **AMERICAN SOCIETY FOR SURGERY OF THE HAND, 52ND ANNUAL MEETING**; DENVER, CO, SEPTEMBER 1997.

**DISTAL BICEPS TENDON RUPTURE: A NEW REPAIR TECHNIQUE.** FERNANDEZ JJ, GREENBERG JA, WANG T, AND TURNER C. PRESENTED AT **MID-AMERICA ORTHOPAEDIC ASSOCIATION, 15TH ANNUAL MEETING**; HILTON HEAD, SC, APRIL 1997.

## **PUBLICATIONS & PRESENTATIONS (CONT)**

**OUTCOME OF DISTAL RADIUS FRACTURES USING THE SHORT-FORM 36-ITEM HEALTH SURVEY.** FERNANDEZ JJ, GRUEN GS, AND HERNDON JH. PRESENTED AT AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS, 64TH ANNUAL MEETING; SAN FRANCISCO, CA, FEBRUARY 1997.

**REPAIR OF DISTAL BICEPS TENDON RUPTURE: DESCRIPTION OF NEW TECHNIQUE AND BIOMECHANICAL COMPARISON OF FIXATION METHODS.** FERNANDEZ JJ, GREENBERG JA, WANG T, AND TURNER C. PRESENTED AT ANNUAL TRI-STATE HAND MEETING; CINCINNATI, OH, MAY 1996.

**FLEXOR TENDON INJURIES AND MANAGEMENT.** FLORIDA HAND FORUM; FORT LAUDERDALE, FL, MARCH 1997.

**COMMON HAND INJURIES.** NORTH RIDGE COMMUNITY LECTURE SERIES; FORT LAUDERDALE, FL, 1996 AND 1997.

**REPLANTATION AND MICROSURGERY.** HEALTH SOUTH REHABILITATION CENTER; FORT LAUDERDALE, FL, OCTOBER 1997.

**DISTAL RADIUS FRACTURES.** IMPERIAL POINT MEDICAL CENTER; FORT LAUDERDALE, FL, SEPTEMBER 1996.

**MICROSURGICAL RECONSTRUCTION.** BROWARD GENERAL MEDICAL CENTER; FORT LAUDERDALE, FL, DECEMBER 1997.

## **VIDEOS**

**REPAIR OF DISTAL BICEPS TENDON RUPTURES - ENDOBUTTON TECHNIQUE.** GREENBERG JA AND FERNANDEZ JJ. ACCEPTED INTO VIDEO TAPE LIBRARY FOR AMERICAN SOCIETY FOR SURGERY OF THE HAND, 53ND ANNUAL MEETING; MINNEAPOLIS, MN, SEPTEMBER 1998.

**REPAIR OF DISTAL BICEPS TENDON RUPTURES - ENDOBUTTON TECHNIQUE.** GREENBERG JA AND FERNANDEZ JJ. VIDEO TAPE AT AMERICAN SOCIETY FOR SURGERY OF THE HAND, 52ND ANNUAL MEETING; DENVER, CO, SEPTEMBER 1997.

## **CURRENT RESEARCH**

**HOOK OF HAMATE - BIOMECHANICAL IMPORTANCE.** CURRENTLY DESIGNING STUDY.

**THUMB CMC ARTHROPLASTY USING ALLOGRAFT AUGMENTATION.** ONGOING STUDY WITH DESIGN AND APPLICATION.

**LOWER EXTREMITY FREE-FLAP RECONSTRUCTION IN THE ELDERLY.** ONGOING STUDY WITH DESIGN AND APPLICATION.

## **MEETINGS & COURSES**

**TRI-ANNUAL INDIANAPOLIS HAND SOCIETY**  
INDIANAPOLIS, IN, MAY 1999. (8.0 C1)

**AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS**  
SAN FRANCISCO, CA, FEBRUARY 1997.  
NEW ORLEANS, LA, FEBRUARY 1994.

**AMERICAN SOCIETY FOR SURGERY OF THE HAND**  
DENVER, CO, SEPTEMBER 1997.  
CHICAGO, IL, SEPTEMBER 1996.

**AMERICAN COLLEGE OF OCCUPATIONAL AND ENVIRONMENTAL MEDICINE**  
IMPAIRMENT AND DISABILITY COURSE; PITTSBURGH, PA, OCTOBER 1998.

**AMERICAN SOCIETY OF RECONSTRUCTIVE MICROSURGERY**  
BOCA RATON, FL, JANUARY 1997.

**MID-AMERICA ORTHOPAEDIC ASSOCIATION**  
HILTON HEAD ISLAND, SC, APRIL 1997.

**AO / ASIF HAND COURSE**  
INDIANAPOLIS, IN, JANUARY 1996.

**AGEE CARPAL TUNNEL RELEASE SYSTEM PROGRAM**  
INDIANAPOLIS, IN, JANUARY 1996.

**BASIC MICROVASCULAR COURSE**  
INDIANAPOLIS, IN, AUGUST 1995.

**HOLMIUM:YAG LASER FOR ARTHROSCOPY**  
INDIANAPOLIS, IN, OCTOBER 1995.

**ADVANCED APPLICATIONS OF ILIZAROV TECHNIQUE**  
BALTIMORE, MD, JULY 1994.

**TRAUMA APPLICATIONS OF ILIAZROV TECHNIQUE**  
BALTIMORE, MD, APRIL 1993.

**AO/ ASIF BASIC COURSE**  
TORONTO, CANADA, FEBRUARY 1992.

## **INTERESTS**

**TECHNOPHILE** – DIGITAL MEDIA & PHOTOGRAPHY, COMPUTERS (MAC)

**CARPENTRY** – HOME PROJECTS AND REMODELING.

**ORTHOPAEDICS OVERSEAS** - KIKUYU HOSPITAL MISSION IN NAIROBI, AFRICA  
1995.

**RUNNING** - RUN 15 TO 25 MILES A WEEK, INCLUDES TWO LITE-CLASS TRIATHLONS.

**PISTOL MARKSMANSHIP** - TARGET SHOOTING.

## **REFERENCES**

### **JAMES W. STRICKLAND, MD**

PAST PRESIDENT, AAOS  
THE INDIANA HAND CENTER  
8501 HARCOURT ROAD  
INDIANAPOLIS, IN 46280-0434  
(317) 875-9105

### **WILLIAM B. KLEINMAN, MD**

PAST FELLOWSHIP DIRECTOR  
THE INDIANA HAND CENTER  
8501 HARCOURT ROAD  
INDIANAPOLIS, IN 46280-0434  
(317) 875-9105

### **ALEXANDER D. MIH, MD**

ASSISTANT PROFESSOR IN ORTHOPAEDIC  
SURGERY  
INDIANA UNIVERSITY MEDICAL CENTER  
541 CLINICAL DRIVE, CL 600  
INDIANAPOLIS, IN 46202-5111  
(317) 274-3224

### **MARK S. COHEN, MD**

ASSOCIATE PROFESSOR IN ORTHOPAEDIC  
SURGERY  
RUSH-PRESBYTERIAN-ST. LUKE'S MEDICAL  
CENTER  
1725 W. HARRISON, SUITE 1063  
CHICAGO, IL 60613  
(312) 243-4244