

Jeffrey M. Mjaanes, M.D., F.A.A.P.

Rush University Medical Center/Midwest Orthopaedics at Rush
1611 West Harrison Street, Suite 325
Chicago, IL 60612

PRESENT POSITION

Assistant Professor Departments of Orthopedic Surgery and Pediatrics,
Rush University Medical Center,
Chicago, IL
2006 – present

EDUCATION

Doctor of Medicine **University of Wisconsin** School of Medicine, Madison, WI, 1995-1999

Bachelor of Arts **University of Wisconsin**, Madison, WI, 1987-1991
Pre-Medicine, University of Minnesota, Minneapolis, MN, 1992- 1994

POST-DOCTORAL TRAINING

Fellowship Primary Care Sports Medicine
Advocate Lutheran General Hospital, Park Ridge, IL, 2004-2006
Board Certified Sports Medicine, August, 2006

Residency Pediatrics
Rush Presbyterian St. Luke's Medical Center, Chicago, IL, 1999-2002
Board Certified, American Board of Pediatrics, October 2002

ACADEMIC/ PROFESSIONAL APPOINTMENTS

Assistant Professor Departments of Orthopedic Surgery and Pediatrics
Rush University Medical Center, 2006 – present
Instructor Department of Pediatrics, Rush University Medical Center, 2002 – 2006

Director **Chicago Sports Concussion Clinic at Rush**, 2010 – present

Head Team Physician **DePaul University**, 2007-present

Medical Director Athletic Training Program
Trinity International University, 2006- present

Head Team Physician **Trinity International University**, 2006- present

Team Physician **United States Soccer Federation**, 2006-present

Member, Board of Directors **National Operating Committee on Standards for Athletic Equipment**,
2011-present

Co-Chair **Sports Medicine and Fitness Committee, Illinois Chapter**,
American Academy of Pediatrics, 2002-present

Primary Faculty **Primary Care Sports Medicine Fellowship**
Rush University Medical Center, 2006-present

Co-Chair **Return-to-Play Committee, Chicago Concussion Coalition**, 2011-present

PROFESSIONAL SOCIETIES

Fellow **American Academy of Pediatrics**, 1999 – present

Member **American College of Sports Medicine**, 2004 – present

Member **American Medical Society for Sports Medicine**, 2005-present

Jeffrey M. Mjaanes, M.D., F.A.A.P.

Rush University Medical Center/Midwest Orthopaedics at Rush
1611 West Harrison Street, Suite 325
Chicago, IL 60612

NATIONAL / REGIONAL COMMITTEES

Member, Committee on Sports Medicine and Fitness, American Academy of Pediatrics, 2010-present

Co-Chair, Committee on Sports Medicine & Fitness, Illinois Chapter, American Academy of Pediatrics, 2002-present

Member, Education Committee, American Medical Society for Sports Medicine, 2007-present

DEPARTMENTAL COMMITTEES

Pediatric Residency Selection Committee, 2002-present

Medical Student Advisory Committee, 2011-present

ATHLETIC AND PERFORMANCE COVERAGE

Medical Director	Resistance Pro Wrestling , 2011 - present
Team Physician	Simeon Career Academy , Chicago, 2008 – present
Consulting Physician	Mt. Carmel High School , Chicago, 2009-present
Consulting Physician	North Lawndale College Preparatory High School , Chicago, 2005-present
Team Physician	Chicago Steel Hockey , United States Hockey League, 2007- present
Team Physician	Chicago Mustangs Semi-Professional Football , 2011-present
Volunteer Physician	Special Olympics of Illinois , 2006- present
Medical Director	Billy Elliot: The Musical! , Broadway In Chicago , 2010
Volunteer Physician	Chicago Marathon , October 2005 - 2010
Volunteer Physician	IGI Chicago Style International Gymnastics Meet , February 2006 - 2010
Volunteer Physician	World Boxing Championships , Chicago, 2007
Volunteer Physician	BMW Championship , PGA Tour, Lemont, IL, 2007

PUBLICATIONS

Cheerleading Injuries: Epidemiology and Recommendations for Prevention; Co-author; Policy Statement, **American Academy of Pediatrics**: (publication pending) 2011

Pediatric Acute Care: A Guide for Inter-professional Practice: Contributing Author; Jones and Bartlett Learning; 2011

Pediatric Orthopedics and Sports Injuries: Contributing Author; American Academy of Pediatrics; 2010

Superficial Thrombophlebitis and Cervical Strains: **5 Minute Sports Medicine Consult**; Wolters Kluwer; 2010

Performance-Enhancing Drug Testing in Student Athletes, **Illinois Pediatrician**, Vol 26, No 1, March 2008

Getting a Handle on Pediatric Hand& Wrist Injuries (Volumes I and II); **Contemporary Pediatrics**; 2008

Jeffrey M. Mjaanes, M.D., F.A.A.P.

Rush University Medical Center/Midwest Orthopaedics at Rush
1611 West Harrison Street, Suite 325
Chicago, IL 60612

Action Plan for Allergies: Contributing Author (Primary Author: William Briner MD); Human Kinetics; 2006

Anterior Knee Pain in Children; **Illinois Pediatrician**; Winter; 2006

Trends in Shoulder Injuries [in] Elite Volleyball Players; **British Journal of Sports Medicine**, Vol. 39; 2005

ACL Injuries: Are girls more at risk?; **Illinois Pediatrician**; Volume 22, Number 4; Nov. 2004

PRESENTATIONS

Examination of the Knee (clinical workshop); **American College of Sports Medicine** Annual Meetings, 2007, 2008, 2009, 2010, 2011

One, Ticked-off Soccer Player (poster); **American Medical Society for Sports Medicine** Annual Meeting, Salt Lake City, April 2011

Anthropometric and Physiologic Characteristics in Male and Female American University Basketballers (poster), **American College of Sports Medicine** Annual Meeting, Baltimore, May 2010

Youth Soccer Injuries, **American Medical Society for Sports Medicine** Annual Meeting, Cancun, Mexico, April 2010

12 Year Old Hockey Player with Knee Pain and Fever (poster), **American Medical Society for Sports Medicine** Annual Meeting, Cancun, Mexico, April 2011

What's For Dinner? Management of Pediatric Fractures (clinical symposium); **American College of Sports Medicine** Annual Meeting, Seattle, May 2009

Knee Examination and The American Model in Professional Sports (clinical lecture); **University of The Basque Country**, Vitoria, Spain, June 2009

Painful Toe Swelling in A Collegiate Men's Tennis Player (poster); **American Medical Society for Sports Medicine** Annual Meeting; Tampa, 2009

Scaphoid Fracture in a Young Football Player (presentation); **American Medical Society for Sports Medicine** Annual Meeting, Las Vegas, May 2008

Adolescent with Leg Pain & Weakness (presentation); **American Medical Society for Sports Medicine** Annual Meeting, Las Vegas, May 2008

Common Sports Injuries (presentation), **Orthopaedic and Sports Medicine Review for the Pediatric Provider**, University of Wisconsin, Wisconsin Dells, November 2008

Anabolic Steroid Testing; Pre-Participation Physical Exam; Sports Shorts (presentations), **University of Chicago Current Concepts in Primary Care Sports Medicine**, Chicago, April 2007, 2008, 2009

Sweat Rates in Elite Adolescent Soccer Players, Gatorade Sports Science Institute, **American Medical Society for Sports Medicine** Annual Meeting, Miami, May, 2006

Impact of Age & Gender on Sweat Rates in Elite Soccer Players (poster), **American College of Sports Medicine** Annual Meeting, Denver, April 2006

Trends in Shoulder Injuries [in] Elite Volleyball Players (poster), **1st World Congress on Injury Prevention**, Oslo, Norway, June 2005

LANGUAGES: Fluent in Spanish (spoken and written), Conversational French and Portuguese

Jeffrey M Mjaanes MD
Midwest Orthopaedics at Rush
1611 West Harrison Street
Chicago, IL 60612
Tel: 312/432-2496
Fax: 630/ 462-4695