

CURRICULUM VITAE

Kathleen M. Weber, M.D., M.S.

Midwest Orthopaedics at Rush
Director of Primary Care Sports Medicine and
Women's Sports Medicine
Office (312) 432-2562

Certification and Licensure

Sports Medicine - Certificate of Added Qualifications
Board Certified in Internal Medicine
Licensed in Illinois, California and Arizona

Education

Doctor of Medicine
Rush Medical College
Chicago, Illinois

Master of Science - Exercise Physiology
George Williams College
Downers Grove, Illinois

Bachelor of Science Degree in Nursing
College of Mount St. Joseph
Cincinnati, Ohio

Fellowship

Sports Medicine
University of California - San Diego Medical Center
San Diego, California

Internship and Residency

Chief Resident - Internal Medicine
Rush University Medical Center
Chicago, Illinois

Internal Medicine
Rush University Medical Center
Chicago, Illinois

Academic Appointments

Fellowship Director, Primary Care Sports Medicine
Rush University Medical Center
Rush Medical College
Chicago, IL –2006 to present

Director Primary Care Sports Medicine
Rush University Medical Center
Rush Medical College
Chicago, IL –2005 to present

Director of Women’s Sports Medicine
Rush University Medical Center
Rush Medical College
Chicago, IL –2001 to present

Assistant Professor, Departments of Internal Medicine and
Orthopaedic Surgery
Rush University Medical Center
Rush Medical College
Chicago, IL –2001 to present

Professional Achievements

*Department of Physical Medicine and Rehabilitation
Award for Outstanding Teaching
Year – June 2006
Rush University Medical Center*

*Department of Medicine Award for Outstanding
Teaching
Year - June 2000
Rush University Medical Center*

*Department of Medicine Award for Resident of the
Year - June 1999
Rush University Medical Center*

*The Aesculapius Award - June 1998
Presented by Rush Medical College for the
outstanding resident-physician demonstrating
excellence in teaching and patient care.*

*Department of Medicine Award for Outstanding Work
as an Intern - June 1997
Rush University Medical Center*

Medical School Awards

Alpha Omega Alpha – Honor Medical Society

Arthritis Foundation Fellowship

Dean's Student Research Fellowship

Janet M. Glasgow Memorial Achievement Citation
Presented by the American Medical Women's
Association, Inc. Achievement for graduating in top 10% of
class.

The James B. Herrick Award
Presented by the Department of Internal Medicine of
Rush Medical College for outstanding achievement in
Internal Medicine.

Committees

NBA Concussion Committee – 2011

MLB Physician's Executive Committee
2010 – present

MLB Concussion Committee – 2010 - present

Orthopaedics Residency Selection Committee
2006 – 2008
Rush University Medical Center

Critical Care Committee 1999 - 2000
Rush University Medical Center

Pharmacy and Therapeutic Committee 1999 - 2000
Rush University Medical Center

Computer/Information Services Committee 1999 - 2000
Rush University Medical Center

Search Committee for Anatomy Chair 1995
Rush Medical College

Professional Societies

American College of Sports Medicine
American Medical Society of Sports Medicine
American Society of Internal Medicine
NBA Physician’s Association
MBL Physician’s Association

Employment History

Present

Assistant Professor
Rush University Medical Center
Midwest Orthopaedics at Rush, Section of Sports Medicine
Director of Primary Care & Women’s Sports Medicine
Fellowship Director, Primary Care Sports Medicine
Chicago, Illinois
Hospital privileges: Rush University Medical Center &
Oak Park Hospital

Past

Consultant/Owner
Leisure and Fitness Services (Health Promotion Company)
Evanston, Illinois
Provided health education, fitness testing and developed
corporate health programs.

Health Director/Consultant
The LaSalle Club
Chicago, Illinois
Supervised and developed a corporate fitness program.

Graduate Internships

Intern in Health Promotion
Cardiology Department
Hinsdale Hospital
Hinsdale, Illinois

Intern in Corporate Health Promotion
CF Industries, Inc.
Long Grove, Illinois

Intern in Corporate Health Promotion
Amoco Corporate Headquarters
Chicago, Illinois

Intern in Community Health Programs
Naperville Y.M.C.A.
Naperville, Illinois

Publications

Weber K. Callouses and Corns. In: Bracker M, ed. *5 Minute Sports Medicine Consult*, 2nd Ed. Philadelphia, PA: Lippincott Williams & Wilkins; 2011:60-61.

Weber K. MCP Collateral Ligament Sprain. In: Bracker M, ed. *5 Minute Sports Medicine Consult*, 2nd Ed. Philadelphia, PA: Lippincott Williams & Wilkins; 2011:372-373.

Weber K. Sciatica. In: Bracker M, ed. *5 Minute Sports Medicine Consult*, 2nd Ed. Philadelphia, PA: Lippincott Williams & Wilkins; 2011:520-521.

Weber K. Subungual Exostosis and Hematoma. In: Bracker M, ed. *5 Minute Sports Medicine Consult*, 2nd Ed. Philadelphia, PA: Lippincott Williams & Wilkins; 2011:558-559.

Weber K. Warts. In: Bracker M, ed. *5 Minute Sports Medicine Consult*, 2nd Ed. Philadelphia, PA: Lippincott Williams & Wilkins; 2011:624-625.

Della Valle C, Weber K. Hip Section editors – *Essential of Musculoskeletal Care*, 4th Ed. Sarwark, J. ed. Rosemont, IL: American Academy of Orthopaedic Surgeons: 2010: 528-615.

Weber K. Pharmacological treatments for Osteoarthritis. In: Cole B, Gomoll G, eds. *Biologic Joint Reconstruction: Alternatives to Joint Arthroplasty*. Thorofare, NJ: SLACK Incorporated; 2009:p51-60.

Bigosinski K, Palmer T, Weber K, Evola J. Ulnar Shaft Stress Fracture in a High School Softball Pitcher. *Sports Health: A Multidisciplinary Approach*. 2010;2(2):116-118.

Weber, K. Community-Associated Methicillin-Resistant *Staphylococcus aureus* Infections in the Athlete. *Sports Health: A Multidisciplinary Approach*. 2009;1(5):405-410.

Jotwani V, Weber K, Lee S. Cutaneous sural nerve injury after lateral ankle sprain: A case report. *J of Musculoskeletal Med*. 2008:126-128.

Dugan SA, Weber KM. Stress fractures and rehabilitation. *Physical Medicine & Rehabilitation Clinics of North America*. 2007;18(3):401-416.

Palmer T, Weber K. The deaf athlete. *Current Sports Medicine Reports*. 2006;5(6):323-326.

Dugan S, Weber K. Selected topics in sports medicine. *Disease-A-Month*. 2002;48(9):569-616.

Publications (cont.)

Weber K, Asst Ed. Bracker M, ed. *5 Minute Sports Medicine Consult*. Philadelphia, PA: Lippincott Williams & Wilkins; 2001.

Weber K. Callouses and Corns. In: Bracker M, ed. *5 Minute Sports Medicine Consult*. Philadelphia, PA: Lippincott Williams & Wilkins; 2001:384-85.

Weber K. MCP Collateral Ligament Sprain. In: Bracker M, ed. *5 Minute Sports Medicine Consult*. Philadelphia, PA: Lippincott Williams & Wilkins; 2001:222-223.

Weber K. Sciatica. In: Bracker M, ed. *5 Minute Sports Medicine Consult*. Philadelphia, PA: Lippincott Williams & Wilkins; 2001:284-85.

Weber K. Subunclal Exostosis and Hematoma. In: Bracker M, ed. *5 Minute Sports Medicine Consult*. Philadelphia, PA: Lippincott Williams & Wilkins; 2001:296-97.

Weber K, Skaggs G. Warts. In: Bracker M, ed. *5 Minute Sports Medicine Consult*. Philadelphia, PA: Lippincott Williams & Wilkins; 2001:566-567.

Weber K. Editorial review. Corticosteroid Injection Techniques for Pain Relief. AAOS.

Weber K, Grumet RC. Non-operative Management of Glenohumeral Osteoarthritis. Management of the Active Patient with Glenohumeral Arthritis. Forthcoming publication. In: Cole B, Romeo A, eds. AAOS monograph *Management of the Active Patient with Glenohumeral Arthritis*.

Editorial Board

Editorial Board - Women's Health in Orthopaedics: A peer-reviewed journal. Parsippany, NJ: Quadrant HealthCom Inc.

Presentations

"Hip Injuries," Department of Rheumatology Grand Rounds, Rush University Medical Center, Chicago, IL 3/11

"Non-steroidal Anti-Inflammatory Medications," Primary Care Sports Medicine Conference, Rush University Medical Center, Chicago, IL. 2/11

"Lifetime Fitness," Women's Rush University Board meeting, Rush University Medical Center, Chicago, IL 2/11

Presentations (cont.)

“Hip and Groin Injuries,” Worker’s Compensation Nova Care Conference, Rush University Medical Center, Chicago, IL 11/10

“The Management of Sports of Related Concussions,” Primary Care Sports Medicine Conference, Rush University Medical Center, Chicago, IL. 8/10

“Preparticipation Physical Guidelines,” Department of Orthopaedics, Orthopaedic Sports Medicine Conference, Rush University Medical Center, Chicago, IL 8/10

“Hip Injuries,” DePaul Sports Medicine Conference, Chicago, IL 6/10

“Sports Hernia,” DePaul Sports Medicine Conference, Chicago, IL 6/10

“Athletes with Sickle Cell Trait,” Primary Care Sports Medicine Conference, Rush University Medical Center, Chicago, IL. 5/10

“The Current Status of MRSA Infections in the Athlete,” Primary Care Sports Medicine Conference, Rush University Medical Center, Chicago, IL. 12/09

“Athletes with Sickle Cell Trait,” Primary Care Sports Medicine Conference, Rush University Medical Center, Chicago, IL 10/09

“Preparticipation Physical Guidelines,” Department of Orthopaedics, Orthopaedic Sports Medicine Conference, Rush University Medical Center, Chicago, IL 8/09

“Update on Concussion Management,” NBA Combine Conference. Chicago, IL 5/09

“Athletes with Sickle Cell Trait,” NBA Combine Conference, Chicago, IL 5/09

“Hematuria and Athletes,” Department of Orthopaedics, Primary Care Sports Medicine Conference, Rush University Medical Center, Chicago, IL. 03/09

“The Current Status of MRSA Infections in the Athlete,” MLB physicians meeting. Las Vegas, NV. 12/08

“Abdominal Injuries,” Mount St. Joseph College. Cincinnati, OH 10/08

“Patellofemoral Disorders,” Combined conference with Mount St. Joseph, University of Cincinnati, and University of Northern Kentucky. Cincinnati, OH 10/08

Presentations (cont.)

“Preparticipation Physical Guidelines,” Department of Orthopaedics, Orthopaedic Sports Medicine Conference, Rush University Medical Center, Chicago, IL 8/08

“The Current Status of MRSA Infections in the Athlete,” AMSSM Exchange lecturer for the AOSSM National Conference. Orlando, FL. 7/08

“Current Concepts in Viscosupplementation Use,” Kerlan-Jobe Alumni Conference, Orlando, FL. 7/08

“Conservative Management of Osteoarthritis,” Rush Community Talk, Rush University Medical Center, IL. 6/08

“Treatment Options for Athletes with Osteoarthritis,” Washington University-Barnes Hospital Sports Medicine Conference. St. Louis, MO. 5/08

“Non-Steroidal Anti-inflammatory Drugs,” Primary Care Sports Medicine Conference, Rush University Medical Center, Chicago, IL. 4/08

“MRSA in the Locker Room,” Primary Care Sports Medicine Conference, Rush University Medical Center, Chicago, IL. 1/08

“MRSA in the Locker Room,” AOSSM/MLB Conference. Los Angeles, CA 10/07

“Tuberculosis,” AOSSM/MLB Conference. Los Angeles, CA 10/07

“Non-steroidal Anti-Inflammatory Medications,” AOSSM/MLB Conference, Los Angeles, CA 10/07

“Stress Fractures,” Department of Orthopaedics, Primary Care Sports Medicine Conference, Rush University Medical Center, Chicago, IL. 10/07

“Preparticipation Physical Guidelines,” Department of Orthopaedics, Orthopaedic Sports Medicine Conference, Rush University Medical Center, Chicago, IL 8/07

“Multidisciplinary Approach to Taking Care of the Professional Athlete,” Department of Physical Medicine and Rehabilitation Grand Rounds, Rehabilitation Institute of Chicago, Chicago, IL. 4/07

“MRSA in the Locker Room,” Primary Care Sports Medicine Conference, Rush University Medical Center, Chicago, IL. 4/07

Presentations (cont.)

“The Role of the Team Physician,” Rush University Medical Center Board of Trustees talk. Chicago, IL 2/07

“Multidisciplinary Approach to Taking Care of the Professional Athletes,” Athletico, Chicago, IL. 2/07

“Anemia in the Athlete,” Primary Care Sports Medicine Conference, Rush University Medical Center, Chicago, IL. 1/07

“Patellofemoral Disorders.” Illinois State Athletic Trainers meeting, Naperville, IL 11/06

“Preparticipation Physical Guidelines,” Department of Orthopaedics, Orthopaedic Sports Medicine Conference, Rush University Medical Center, Chicago, IL 8/06

“Stress Fractures and the Female Athlete,” Department of Orthopaedics, Primary Care Sports Medicine Conference, Rush University Medical Center, Chicago, IL. 8/06

“Anemia and Athletes,” Department of Orthopaedics, Primary Care Sports Medicine Conference, Rush University Medical Center, Chicago, IL. 11/05

“Women’s Sports Medicine,” CME course for physical therapist sponsored by Rehab Connections, Chicago, IL. 09/05

“Women’s Sports Medicine,” Community program sponsored by Rush University Medical Center, Oak Park, IL. 09/05

"Orthopaedic Examination of the Shoulder, Elbow, Hand and Back," Rush University Medical Center, Rush University Department of Nursing, Nurse Practitioner course. 05/03

“Supplements and Steroids Use,” Department of Orthopaedics, Sports Rounds, Rush University Medical Center, Chicago, IL. 03/05

“Running Injuries,” Fleet feet & Accelerated Rehabilitation sponsored Physicians meeting, Chicago, IL. 2/05

“Running Injuries,” Department of Orthopaedics, Sports Rounds, Rush University Medical Center, Chicago, IL. 01/05

“Hematuria and Athletes,” Department of Orthopaedics, Primary Care Sports Medicine Fellow conference, Rush University Medical Center, Chicago, IL. 01/05

Presentations (cont.)

“Female Athlete Triad,” Department of Orthopaedics, Primary Care Sports Medicine Fellow conference, Rush University Medical Center, Chicago, IL. 01/05

“Osteoporosis Management” 2004 Illinois Women’s Health Conference, Rosemont, IL. 10/04

“On Field Triage,” Department of Orthopaedics, Sports Rounds, Rush University Medical Center, Chicago, IL. 09/04

“Noncontact Anterior Cruciate Injuries,” G.L.A.T.A., Chicago, IL. 3/04

“Common Injuries in Females,” NBC Health Fair, Chicago, IL. 1/04

“Common Running Injuries,” Department of Orthopaedics, Sports Rounds, Rush University Medical Center, Chicago, IL. 1/04

“Issues in Women’s Sports Medicine – ACL Injuries and Stress Fractures,” Department of Orthopaedics, Sports Rounds, Rush University Medical Center, Chicago, IL. 11/03

“Female Athlete Triad,” Illinois Athletic Trainers Associations State Meeting, Chicago, IL. 10/03

“Common Running Injuries,” Runners clinic and workshop, Rush University Medical Center, Chicago, IL. 10/03

“Stress Fractures and the Female Athlete,” Rush University Medical Center, Physical / Occupational Therapists and Athletic Trainers lecture, Chicago, IL. 9/03

“On Field Triage,” Department of Orthopaedics, Sports Rounds, Rush University Medical Center, Chicago, IL. 09/03

“Common Running Injuries,” Multiplex, Chicago, IL. 06/03

“Performance Enhancing Drugs,” Department of Orthopaedics, Sports Rounds, Rush University Medical Center, Chicago, IL. 05/03

“Common Occurring Injuries in Soccer Players & How to Prevent Them,” Illinois Youth Soccer – Soccer Expo 2003 Workshop, Exhibitor Show and Chicago FireFest, Harper College in Palatine, IL. 3/03

"Commonly Seen Injuries in the ER," Chicago, IL. 3/03

Presentations (cont.)

Women’s Musculoskeletal Conference. “Non-Contact ACL Injuries in Female Athletes,”
Rush University Medical Center, 03/03

"Orthopaedic Examination of the Shoulder, Knee, and Foot," Rush University Medical
Center, Rush University Department of Nursing, Nurse Practitioner course. 02/03

“Issues in Women’s Sports Medicine – ACL Injuries and Stress Fractures,” Department
of Orthopaedics, Sports Rounds, Rush University Medical Center, Chicago, IL. 11/02

“Issues in Women’s Sports Medicine – Case Presentations,” Chicago, IL. 11/02

"Commonly Seen Injuries in the ER," Chicago, IL. 8/02

"Exercise and Women," Rush University Medical Center, Department of Internal
Medicine Grand Rounds, Chicago, IL. 7/02

"Common Injuries seen in Dancers," Athletico Physical Therapy, Chicago, IL. 7/02

"What's New in the Treatment of Osteoarthritis," Oak Park Hospital, Oak Park, IL. 6/02

"Non-contact ACL Injuries," Rush University Medical Center, Physical therapist and
athletic trainer lecture, Chicago, IL. 6/02

"Orthopaedic Examination of the Shoulder, Knee, and Foot," Rush University Medical
Center, Rush University Department of Nursing, Nurse Practitioner course, 04/02

"Ankle and Foot Problems Encountered in Primary Care," Rush University Medical
Center, Department of Internal Medicine noon conference, 03/02

"The Female Athlete Triad," Physical therapy & athletic trainers lecture, Oak Lawn, IL.
03/02

"The Female Athlete Triad," Physical therapy & athletic trainers lecture, Chicago, IL.
03/02

"What's New in the Treatment of Osteoarthritis," Oak Park Hospital community outreach
program for seniors, Oak Park, IL. 3/02

"The Use of Anti-inflammatory Medications in Orthopaedic Conditions Seen in the ER,"
Des Plaines, IL. 02/02

Presentations (cont.)

"Diagnosing and Treating Common Shoulder Problems Encountered in Primary Care,"
Rush University Medical Center - Internal Medicine Resident Conference, Chicago, IL.
11/01

"Women's Sports Medicine Issues," Rush University Medical Center - Orthopaedic
Sports Medicine Rounds, Chicago, IL. 10/01

"Common Knee Injuries Encountered in Primary Care," Rush University Medical Center
- Internal Medicine Resident Conference, Chicago, IL. 9/01

"Anti-inflammatory and Analgesic Use in Orthopaedics," Evanston, IL. 9/01

"Management of Clavicle Fractures," UCSD School of Medicine - Sports Medicine
Didactics, San Diego, CA. 5/01

"Traumatic Pneumothorax," Case presentation, AMSSM national conference - San
Antonio, TX. 4/01

"Common Ankle and Foot Injuries," Grand Rounds for UCSD Preventive and Family
Medicine, San Diego, CA. 3/01

"Management of Over-Pronation," UCSD School of Medicine - Sports Medicine
Didactics, San Diego, CA. 3/01

"NSAIDs - Indications for Sports Medicine," UCSD Orthopaedics Conference, San
Diego, CA. 2/01

"Traumatic Pneumothorax," Case presentation, UCSD School of Medicine - Sports
Medicine Didactics, San Diego, CA. 1/01

"Common Knee Injuries," UCSD School of Medicine, San Diego, CA. 11/00

"Ankle Fracture Management," UCSD School of Medicine - Sports Medicine Didactics,
San Diego, CA. 11/00

"Iliotibial Band Syndrome Diagnosis and Management," UCSD School of Medicine -
Sports Medicine Didactics, San Diego, CA. 9/00

"Common Running Injuries in Female Runners," Chicago Runners Association, Chicago,
IL. 6/00

Presentations (cont.)

"Lifestyle Choices to Reduce Your Risk of Heart Disease," ComEd, Downers Grove, IL. 7/95

"Changing Your Body Composition Through Lifestyle Modification," ComEd, Downers Grove, IL. 3/95

"Exercise - Incorporating the Key Components into Your Fitness Program," ComEd, Downers Grove, IL. 2/94

"Stress and Structural Integrity," The LaSalle Club, Chicago, IL. 6/92 and 7/92

"Lifestyle Changes After Retirement," Rand McNally & Company, Skokie, IL. 3/91

"It's About Time for Me - Incorporating Stress Management," Downers Grove Park District, Downers Grove, IL. 1/91

"Snack Attack - Making the Healthy Choice," Underwriters Laboratories Inc., Northbrook, IL. 5/90

"Exercise for Those with Special Concerns," Body Awareness, Highland Park, IL. 2/90

"Fitness While You Work," Consolidated School District #65, Evanston, IL. 10/89

"Cardiovascular Disease - What Can You Do To Prevent It?" Powers Process Controls, Skokie, IL. 10/89

"Personal Time Management - Making the Difference in Your Exercise Commitment," for American Fitness and Business Association. 5/89

"Keeping in Shape Through Exercise and Dietary Modification," Home Bodies, Chicago, IL. 9/88

Workshops and Conferences - Designed, organized, and managed these programs.

Health Fair for Rand McNally & Company, Skokie, IL.

Weight Management Program (12 weeks) for Rand McNally & Company, Skokie, IL.

Health Fair for Zenith Electronics Corporation, Chicago, IL.

Fitness Screening Program for Downers Grove Park District, Downers Grove, IL.

Corporate Wellness Screening Program for Powers Process Controls, Skokie, IL.

Corporate CPR Training Program for Powers Process Controls, Skokie, IL.

Weight Management Program (12 weeks) for Powers Process Controls, Skokie, IL.

Team Physician

Chicago Bulls (2004 - present)

Chicago White Sox (2004 - present)

Chicago Force (Women's Professional Football team) (2006 - present)

DePaul University (2007 - present)

US Soccer - Team physician (2002 - present)

Hubbard Street Professional Dance Companies 1 & 2 - Company physician
(2002 - present)

River North Dance Company (2002 - present)

Chicago Hope Academy High School – Team Physician (Co-attending) (2006 - 2009)

Lincoln Park High School – Team Physician (Co-attending) (2003 - present)

Prosser High School – Team Physician (Co-attending) (2003 - present)

Walter Payton – Team Physician (Co-attending) (2003 - present)

Whitney Young High School (Co-attending) (2003 - present)

Chicago Bandits (Women's Professional Softball team) (2005 – 2007)

Chicago Blaze (WNBL) (2003 - 2005)

University of California at San Diego - Team physician all sports (August, 2000 to July, 2001)

Coronado High School - Team physician (August, 2000 to May, 2001)

Additional Sports Coverage

World Amateur Boxing Tournament 2007 – Medical Physician Liason, Chicago, IL.

Chicago Marathon – Medical staff (2002 & 2003); Co-Head Physician Medical Tent 2
(2004 – 2008)

IGI Invitational Gymnastics meet – Chicago, IL (2/06, 2/07)

Additional Sports Coverage (cont.)

California State Games - Medical Coordinator (2001)

Chicago Women's Rugby - tournament and game coverage (Spring, 2003 & 2002)

Men's NCAA Division I Basketball Tournament, Chicago, IL. - covering physician, 2002

Lakeshore Marathon, Chicago, IL. - Medical team 4/02

The National Youth Sports Program sponsored by the NCAA (June, 2001)

Rock 'N' Roll Marathon - Medical Team Captain (June 3, 2001)

Carlsbad 5000 - World's Fastest 5K – Medical staff (April 1, 2001)

Spirits - San Diego's Women's Professional Soccer Team - physicals and try outs (February, 2001)

Pardee Torrey Pines 5K - Elite Racing Series – Medical staff (February 11, 2001)

American Council on Exercise - phone coverage for national telethon (January 13, 2001)

Ski Trauma rotation - Keystone, Colorado (December, 2000)

12th Annual Arturo Barrios Invitational Road Race - Elite Racing Series – Medical team (October 15, 2000)

Senior Olympics - 5K Road Race – Medical team captain (September 24, 2000)

Bay Fair Thunderboat Races – Medical staff (September 15 & 16, 2000)

Senior Olympics - Men's Softball – Medical staff (September 9, 2000)

Luau and Longboards Competition – Medical staff (August 27, 2000)

Inter-City Track event - Medical staff (August 19, 2000)