



Midwest Orthopaedics at Rush

## The Region's Leading Orthopaedic Practice

By combining the unique skills and experience of the region's top orthopaedic physicians, Midwest Orthopaedics at Rush offers unparalleled, comprehensive orthopaedic services. MOR treats thousands of orthopaedic patients every year with problems ranging from those considered common to the most complex conditions requiring the most current and innovative approaches and treatments.

The physicians of Midwest Orthopaedics at Rush not only rank among the nation's best in orthopaedic care, but also continually strive to develop cutting-edge technologies. Midwest Orthopaedics at Rush's reputation as a leader in specialized orthopaedic patient care, education, and research is validated by *U.S. News & World Report's* ranking of the orthopaedic program at RUSH University Medical Center as #6 in the nation and the top ranked program in Illinois.

Midwest Orthopaedics at Rush physicians also serve as team physicians for the Chicago Bulls and the Chicago White Sox.

## Appointment Information

Physician \_\_\_\_\_

Date \_\_\_\_\_ Time \_\_\_\_\_

Office Location \_\_\_\_\_

### RUSH University Medical Center

1725 West Harrison Street  
Chicago, IL 60612  
Phone: 312.243.4244  
Fax: 312.942.1517  
Orthopaedic Clinic—Suite 1063  
Hand and Shoulder Center and X-Ray—Suite 1042  
Orthopaedic Oncology Clinic—Suite 440  
Spine Center—Suite 118

### Chicago—South Loop/River City

800 South Wells  
Chicago, IL 60607  
Phone: 312.243.4244  
Fax: 312.427.6116  
Orthopaedic Clinic—Suite M30  
MRI—Suite M45  
Physical and Occupational Therapy—Suite 137

### Oak Park Hospital Medical Office Building

610 South Maple Avenue—Suite 1400  
Oak Park, IL 60304  
Phone: 312.243.4244  
Fax: 312.942.1517

### Central DuPage Hospital Ambulatory Service Pavilion

25 North Winfield Road—Suite 505  
Winfield, IL 60190  
Phone: 630.339.2200  
Fax: 630.682.8946

### Prairie Medical Center of Westchester

2450 South Wolf Road, Suite F  
Westchester, IL 60154  
Phone: 708.236.2750  
Fax: 708.562.6875

## Practice Profile

## About Midwest Orthopaedics at Rush

The physicians of Midwest Orthopaedics at Rush have received specialized training in orthopaedic surgery and in subspecialty areas within the field of orthopaedic medicine and can diagnose and treat even the most complicated and rare orthopaedic conditions. The physicians are supported by a professional staff of physician assistants, registered nurses, athletic trainers, physical and occupational therapists, cast room and X-ray technicians, and administrative personnel.

Midwest Orthopaedics at Rush is widely recognized as the regional leader in comprehensive orthopaedic services.

### Subspecialized care provided by the practice includes:

- Cartilage Restoration
- Foot & Ankle
- Hand & Elbow
- Joint Reconstruction
- Orthopaedic Oncology
- Orthopaedic Trauma
- Pediatric Orthopaedics
- Physical Medicine/Pain Management
- Shoulder
- Spine, Back & Neck
- Spinal Deformity
- Sports Medicine
- Women's Sports Medicine



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Chicago Bulls & Chicago White Sox  
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For appointment information, call us at 877 MD BONES (877.632.6637)



# Comprehensive Orthopaedic Services

## Cartilage Restoration

The orthopaedic surgeons of Midwest Orthopaedics at Rush have developed the Cartilage Restoration Center (CRC) to offer a full range of contemporary treatment options for knee pain, including the latest minimally invasive procedures. MOR physicians use innovative methods for restoring damaged cartilage available at only a handful of medical centers in the country. Many of these surgeries are performed arthroscopically through small incisions and usually require no more than an overnight hospital stay.

## Foot & Ankle

To treat all conditions of the foot and ankle, Midwest Orthopaedics at Rush physicians utilize the most current methods of diagnosis and treatment available including the latest medications, braces, and orthotics. If surgery is necessary, MOR physicians have extensive experience with procedures ranging from bunion surgery to the most complex reconstructions, including limb realignment, diabetic reconstruction, as well as primary and revision total ankle replacement.

## Hand & Elbow

Hand and elbow subspecialty physicians provide treatment of traumatic injuries to the bones, joints, tendons, and nerves of the upper extremities. Reconstructive care is also provided for arthritic conditions, nerve compression syndromes, tumors, and congenital conditions. The hand and upper extremity physicians are actively involved in clinical research including: the use of lighter weight casting materials; the development and testing of new internal and external fixation devices for the operative fixation of fractures; bone substitutes which harden and can obviate the need for cast immobilization in certain fractures of the wrist; and research in the biomechanics and function following total joint replacement of the arthritic elbow.

## Joint Reconstruction

The physicians of Midwest Orthopaedics at Rush stand at the forefront of surgical treatment of bone and joint problems, including arthritic and inflammatory conditions for both adults and adolescents, degenerative problems, failed joint surgery, infected joints and avascular necrosis (blood-flow problem) of hip and knee joints. MOR physicians are also pioneers in the development of minimally invasive joint replacement procedures. MIS procedures are performed through smaller incisions, allowing the surgeon to avoid cutting muscles and tendons. This results in a significantly faster recovery than traditional total joint replacement surgery.

## Orthopaedic Oncology

The Orthopaedic Oncology practice at Midwest Orthopaedics at Rush is dedicated to the treatment of patients with bone and soft tissue tumors. Specifically, our physicians are leaders in limb salvage, bone substitutes, and bone transplantation. They provide the most advanced surgical reconstructive techniques available, including limb-sparing operations using human bone transplants.

## Orthopaedic Trauma

Midwest Orthopaedics at Rush specializes in treating patients with acute fractures, post-traumatic deformities, and nonunions including injuries to the pelvis and acetabulum. Our highly experienced physicians are leaders in extremity and pelvis fracture reconstruction, deformity correction, and bone transplantation. These physicians utilize many leading-edge techniques including minimally invasive surgery and advanced external fixation. The latest in bone graft substitutes and bone-forming proteins are often used to assist in the reconstruction of bones that have not healed.

## Pediatric Orthopaedics

The section of pediatric orthopaedic surgery is an area of excellence focused on the care of musculoskeletal problems in newborns, infants, children, adolescents, and young adults. Musculoskeletal conditions include scoliosis, trauma, birth defects, developmental dysplasia, clubfeet, genetic anomalies, neurologic dysfunction, and walking disorders. A multidisciplinary approach to treatment includes physicians with specialized pediatric training, pediatric physical therapists, pediatric orthotists, and child life specialists.

## Physical Medicine/Pain Management

The physiatrists of MOR specialize in treating the symptoms of musculoskeletal and spine pain, and understand the causes of this pain. The goal of treatment is always to restore normal function and improve quality of life for patients from a physical, emotional, psychosocial, and vocational perspective.

## Shoulder

Midwest Orthopaedics at Rush is a leading practice in the diagnosis and treatment of a wide spectrum of shoulder injuries and abnormalities. Our physicians and care specialists combine clinical orthopaedic surgery, rehabilitative sports medicine, physical and occupational therapy, and clinical science research to provide the most advanced treatment for our patients.

## Spinal Deformity

Midwest Orthopaedics at Rush has significant experience in the advanced surgical and nonsurgical treatment of spinal deformities in adults and children. MOR's team of leading experts effectively diagnoses, evaluates, and treats patients with spinal deformities including scoliosis and spondylolisthesis. While most cases are resolved through nonsurgical treatment, when neurologic involvement exists or when conservative treatment has failed to provide relief from long-term back pain, MOR surgeons are skilled in the use of the most innovative surgical techniques.

## Spine, Back & Neck

The Midwest Orthopaedics at Rush spine physicians are renowned for superior diagnosis, evaluation, and treatment of patients with neck, back, and spine pain, disorders, deformities, and injuries. The surgeons are prominent both nationally and internationally, are leaders in the field of spine care, and were among the first groups in the nation to identify ways to slow down the degeneration of intervertebral discs. The spine surgeons and physicians work collaboratively to treat problems involving the neck, middle, and low back through the use of the most innovative diagnostic and therapeutic options available including minimally invasive spine surgery.

## Sports Medicine

Midwest Orthopaedics at Rush specializes in providing comprehensive sports medicine services including the diagnosis, treatment, and rehabilitation of athletic injuries. Regardless of the level of the athlete, we strive to provide the highest quality and state-of-the-art health care services. In addition to treating thousands of amateur and recreational athletes, the physicians of MOR are also proud to serve as teams physicians for the Chicago White Sox and the Chicago Bulls.

## Women's Sports Medicine

The Women's Sports Medicine Program at Rush provides a comprehensive approach to evaluating and treating recreational and competitive female athletes. The goal of the Women's Sports Medicine Program is to prevent injuries, optimize performance, and in the event of illness or injury, provide state-of-the-art diagnosis, treatment, and rehabilitation to return the individual to full function. Midwest Orthopaedics' staff of sports medicine physicians are fellowship trained.

To learn more about Midwest Orthopaedics at Rush, visit our Web site at [www.rushortho.com](http://www.rushortho.com). Here you'll find more information about the orthopaedic services we offer, physician information, recent news, and much more. For appointment information, call us at **877 MD BONES** (877.632.6637).

The physicians of Midwest Orthopaedics at Rush are proud to work closely with RUSH University Medical Center, Central DuPage Hospital, and Rush Oak Park Hospital, combining the highest level of patient care and research to address major orthopaedic health problems.

<b>Howard An</b>	<i>Spine, Back &amp; Neck</i>
<b>Gunnar Andersson</b>	<i>Spine, Back &amp; Neck</i>
<b>Bernard Bach Jr.</b>	<i>Sports Medicine</i>
<b>Richard Berger</b>	<i>Joint Reconstruction</i>
<b>Charles Bush-Joseph</b>	<i>Sports Medicine, Knee, Shoulder &amp; Hip</i>
<b>Mark Cohen</b>	<i>Hand, Wrist, &amp; Elbow</i>
<b>Brian Cole</b>	<i>Sports Medicine, Cartilage Restoration</i>
<b>Craig Della Valle</b>	<i>Joint Reconstruction</i>
<b>Christopher DeWald</b>	<i>Spine, Back &amp; Neck</i>
<b>John Fernandez</b>	<i>Hand, Wrist, &amp; Elbow</i>
<b>April Fetzer</b>	<i>Physical Medicine/Pain Management</i>
<b>Jorge Galante</b>	<i>Joint Reconstruction</i>
<b>Steven Gitelis</b>	<i>Orthopaedic Oncology/Joint Reconstruction</i>
<b>Edward Goldberg</b>	<i>Spine, Back &amp; Neck</i>
<b>K.W. Hammerberg</b>	<i>Spinal Surgery</i>
<b>George Holmes Jr.</b>	<i>Foot &amp; Ankle</i>
<b>Joshua Jacobs</b>	<i>Joint Reconstruction</i>
<b>Monica Kogan</b>	<i>Pediatric Orthopaedics</i>
<b>Simon Lee</b>	<i>Foot &amp; Ankle</i>
<b>Johnny Lin</b>	<i>Foot &amp; Ankle</i>
<b>Jeffrey Mjaanes</b>	<i>Sports Medicine; Pediatric Sports Medicine</i>
<b>Gregory Nicholson</b>	<i>Shoulder &amp; Elbow, Sports Medicine, and Knee</i>
<b>Trish Palmer</b>	<i>Sports Medicine, Women's Sports Medicine</i>
<b>Wayne Paproosky</b>	<i>Hip &amp; Knee Joint Reconstruction</i>
<b>Frank Phillips</b>	<i>Spine, Back &amp; Neck</i>
<b>Anthony Romeo</b>	<i>Sports Medicine, Elbow, Shoulder</i>
<b>Aaron Rosenberg</b>	<i>Joint Reconstruction</i>
<b>Mitchell Sheinkop</b>	<i>Joint Reconstruction</i>
<b>Kern Singh</b>	<i>Spine, Back &amp; Neck</i>
<b>Scott Sporer</b>	<i>Hip &amp; Knee Joint Reconstruction</i>
<b>Nikhil Verma</b>	<i>Sports Medicine, Knee, Elbow, and Shoulder</i>
<b>Walter Virkus</b>	<i>Orthopaedic Oncology/Trauma</i>
<b>Kathleen Weber</b>	<i>Sports Medicine, Women's Sports Medicine</i>