



Midwest Orthopaedics *at* Rush

### Collaborative Approach to Patient Care

To achieve the best patient outcomes possible, we are careful to provide treatment in close collaboration and cooperation with the referring physician. Additionally, our physicians work with a team of therapists, rehabilitation specialists and surgeons from other specialties to provide comprehensive treatment to the trauma patient. All of our physicians are faculty of RUSH Medical College, are active in research, and are comfortable and knowledgeable about the benefits of collaboration in the treatment of their patients.

The Midwest Orthopaedic at Rush Orthopaedic Trauma practice is comprised of highly trained, credentialed physicians, specialty nurses, physician assistants, rehabilitation therapists, and pain management specialists dedicated to restoring function to the fullest extent possible.

### Appointment Information

Physician \_\_\_\_\_  
Date \_\_\_\_\_ Time \_\_\_\_\_  
Office Location \_\_\_\_\_

#### RUSH University Medical Center

1725 West Harrison Street  
Chicago, IL 60612  
Phone: 312.243.4244  
Fax: 312.942.1517  
Orthopaedic Clinic—Suite 1063  
Hand and Shoulder Center and X-Ray—Suite 1042  
Orthopaedic Oncology Clinic—Suite 440  
Spine Center—Suite 118

#### Chicago—South Loop/River City

800 South Wells  
Chicago, IL 60607  
Phone: 312.243.4244  
Fax: 312.427.6116  
Orthopaedic Clinic—Suite M30  
MRI—Suite M45  
Physical and Occupational Therapy—Suite 137

#### Oak Park Hospital Medical Office Building

610 South Maple Avenue—Suite 1400  
Oak Park, IL 60304  
Phone: 312.243.4244  
Fax: 312.942.1517

#### Central DuPage Hospital Ambulatory Service Pavilion

25 North Winfield Road—Suite 505  
Winfield, IL 60190  
Phone: 630.339.2200  
Fax: 630.682.8946

#### Prairie Medical Center of Westchester

2450 South Wolf Road, Suite F  
Westchester, IL 60154  
Phone: 708-236-2750  
Fax: 708-562-6875

### Orthopaedic Trauma



### National Leaders in Orthopaedic Trauma Care

While not all fractures need specialized care, some complex fractures may benefit from care by a trauma specialist. At MOR, many leading-edge surgical techniques are utilized in the treatment of trauma patients, including minimally invasive surgery, advanced external fixation, and the use of bone graft substitutes and bone-forming proteins.

#### *Nonsurgical Treatment of Trauma Injuries*

Some fractures and dislocations, particularly related to the clavicle, scapula, humerus, wrist, hand, and foot, can be treated nonoperatively. Depending on the severity of the fracture, your physician may treat the injury nonsurgically through an external fixation method. This method involves the use of splints, casts, braces, and other devices on the outside of the injury to stabilize the fracture.

#### *Surgical Treatment of Trauma Injuries*

An internal fixation method is when a physician performs minor surgery to place pins, wires, screws, and plates on the bone to stabilize it. Severe injuries may require more complex surgical procedures including bone grafting, limb lengthening, and complex reconstruction.



[www.rushortho.com](http://www.rushortho.com)

For appointment information, call us at 877 MD BONES (877.632.6637)

# Orthopaedic Trauma

## Highly Specialized Orthopaedic Trauma Services

More than half of patients admitted to most trauma centers have musculoskeletal injuries. Orthopaedic trauma specialists treat these patients and the after-effects of such injuries including acute fractures, post-traumatic deformities and nonunions, and bone infections. This includes the treatment of injuries to the pelvis and acetabulum, which are only treated at a few hospitals in Illinois. Additionally, in urgent situations, we can typically see patients within 24 hours and/or quickly arrange hospital-to-hospital transfers. Our orthopaedic trauma services include:

- Minimally invasive surgery for fractures
- Treatment of nonunions and malunions
- Pelvis and acetabulum surgery
- Treatment for infected fractures and osteomyelitis
- Limb lengthening
- Bone and joint transplantation
- Minimally invasive bone grafting
- Complex soft tissue reconstruction
- Complex upper extremity reconstruction

### Orthopaedic Trauma Physicians

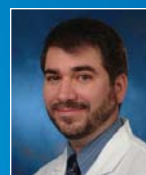
The following MOR physicians specialize in Orthopaedic Trauma care, including specialized surgery.



**Mark Cohen, M.D.**  
*Hand, Wrist & Elbow*

Dr. Cohen is a graduate of Harvard Medical School where he received Magna Cum Laude honors. He is

the director of the Orthopaedic Hand and Elbow Section at Rush, a role he has served since 1993. Dr. Cohen was selected one of Chicago's "Top Doctors" in hand and orthopaedic surgery by Chicago Magazine in 1997, 2001, 2004, and again in 2006. He is a recognized expert in fracture care, complex wrist and elbow conditions, and minimally invasive surgery.



**John Fernandez, M.D.**  
*Hand, Wrist & Elbow*

Dr. Fernandez graduated salutatorian from Northeastern Ohio University College of Medicine.

As director of Microsurgery at Rush, Dr. Fernandez is a recognized expert in the care of complex injuries and reconstruction following trauma as well as arthroscopy of the wrist. Dr. Fernandez is board certified and was named a Diplomate, National Board of Medical Examiners in 1990. He is also fluent in Spanish.



**Steven Gitelis, M.D.**  
*Orthopaedic Oncology, Joint Reconstruction*

A highly regarded expert in the area of limb reconstruction and orthopaedic oncology, Dr.

Gitelis currently serves as the Director of the Rush Center for Limb Preservation. Dr. Gitelis has enjoyed a long-standing relationship with Rush, completing both his Orthopaedic Surgery Residency and General Surgery Internship at RUSH University Medical Center in Chicago, Illinois. His special research interests include limb salvage, growing prosthesis, and minimally invasive bone grafts.



**Walter Virkus, M.D.**  
*Orthopaedic Oncology/Trauma*

The Orthopaedic Trauma practice at Midwest Orthopaedics at Rush is led by Dr. Walter Virkus. Dr.

Virkus was specialty trained in orthopaedic trauma at both the University of Maryland Medical Center and the Hospital for Special Surgery in New York. His clinical interests focus on complex limb preservation, pelvis and acetabulum surgery, and minimally invasive fracture surgery. He has authored multiple book chapters and research articles on orthopaedic trauma.

## About Midwest Orthopaedics at Rush

By combining the unique skills and experience of the nation's top orthopaedic doctors, Midwest Orthopaedics at Rush physicians offer unparalleled, comprehensive orthopaedic services. We treat thousands of orthopaedic patients every year with problems ranging from those considered common to the most complex conditions due to our national referral network.

Midwest Orthopaedics at Rush's reputation as a leader in specialized orthopaedic patient care, education, and research is validated by *U.S. News & World Report's* ranking of the orthopaedic program at RUSH University Medical Center as the #6 program in the nation and the top program in Illinois. Midwest Orthopaedics at Rush physicians also serve as team physicians for the **Chicago Bulls** and the **Chicago White Sox**. For additional information about our physicians, call **877 MD BONES** or visit us online at [www.rushortho.com](http://www.rushortho.com).