

2019 MOR Hip Symposium:

Hip Anatomy, Biomechanics and Rehabilitation

April 5 & 6, 2019

A 2-day course reviewing anatomy, biomechanics,
surgical interventions and rehabilitation of the hip.

Course Location:
Orthopedic Building at
Rush University Medical Center
1611 West Harrison St.
2nd Floor Conference Room
Chicago, Illinois 60612

Course Coordinator:
Donna Williams,
PT, MHS, ART Certified

Additional Faculty:

Jeremy Alland, MD
Jorge Chahla, MD
Sheila Dugan, MD, PT
Denis Nam, MD, MSc
Shane Nho, MD, MS
Bradley Allison, PT, DPT, OCS
Marcie Harris-Hayes, PT, DPT, MSCI
David Heidloff, ATC, FMS, PES
Thomas Lotus, DC, FACO, Cert.MDT
Phil Malloy, MS, PT, SCS, PhD
Don Neumann, PhD, PT, FAPTA
Dan Schloss, DPT, PT ATC
Kristyn Taylor, DPT, PT

Sponsored by:

MIDWEST
ORTHOPAEDICS
at RUSH

OFFICIAL ORTHOPEDIC PROVIDERS:



2019 MOR Hip Symposium

April 5 & 6, 2019

Course Location:

Orthopedic Building at
Rush University Medical Center
1611 West Harrison St.
2nd Floor Conference Room
Chicago, Illinois 60612



Sponsored by:

Midwest Orthopaedics at Rush (MOR)
1611 W. Harrison Street, Chicago, IL 60612

Course Coordinator:

Donna Williams, PT, MHS, ART Certified

Additional Faculty:

Jeremy Alland, MD; Jorge Chahla, MD; Sheila Dugan, MD, PT;
Denis Nam, MD, MSc; Shane Nho, MD, MS; Bradley Allison, PT, DPT, OCS;
Marcie Harris-Hayes, PT, DPT, MSCI; David Heidloff, ATC, FMS, PES;
Thomas Lotus, DC, FACO, Cert.MDT; Phil Malloy, MS, PT, SCS, PhD;
Don Neumann, PhD, PT, FAPTA; Dan Schloss, DPT, PT ATC; Kristyn
Taylor, DPT, PT

Target Audience:

PTs and PTAs

Level:

Beginner to Intermediate

Course Fee:

Registration by February 28, 2019: \$325
Standard Registration: \$375

10.25 continuing education contact hours issued by MOR, an Illinois Department of Professional Regulations Physical Therapy CEU sponsor, license #216000256, will be awarded for full participation.

Friday, April 5, 2019

9:00am-5:15pm | 6.5 hours PT CEU

Orthopedic Building, 2nd Floor Conference Room

8:00-9:00 Registration & Breakfast

Anatomy / Kinesiology / Biomechanics

9:00-9:45 Perspectives on Hip Kinematics – Don Neumann, PhD, PT, FAPTA

9:45-10:30 Hip Muscle Function – Don Neumann, PhD, PT, FAPTA

10:30-10:45 Break

10:45-11:15 Hip Pathomechanics – Phil Malloy, PT, PhD

11:15-12:00 Movement Patterns during Functional Tasks in Hip Pathology –
Marcie Harris-Hayes, PT, DPT, MSCI

12:00-12:30 Panel Discussion – Phil Malloy, PhD, PT (Moderator);
Don Neumann PhD, PT; Marcie Harris-Hayes, PT, DPT, MSCI

12:30-1:15 Lunch Break (Lunch Provided)

Differential Diagnosis / Diagnostic Imaging

1:15-1:45 Peripheral Pain Patterns with Spinal Origin –
Thomas Lotus, DC, FACO, Cert.MDT

1:45-2:15 Differential Diagnosis and Conservative Treatment of Common
Hip Injuries – Jeremy Alland, MD

2:15-2:45 Pelvic Floor – Sheila Dugan, MD, PT

2:45-3:00 Break

Surgical Interventions

3:00-3:30 Diagnostic Imaging for Hip and Pelvis Pathology –
Jorge Chahla, MD

3:30-4:15 Hip Arthroscopy – Shane Nho, MD

4:15-4:45 OA-Joint Replacement/Re-surfacing – Denis Nam, MD

4:45-5:15 Case Presentations – Shane Nho, MD (Moderator);
Denis Nam, MD; Jorge Chahla, MD

5:30-6:30 Cocktail Hour

Saturday Lab, April 6, 2019

8:30am-12:30pm | 3.75 hours PT CEU

Orthopedic Building, PT Clinic, Suite 107

8:00-8:30 Breakfast (Provided)

Patient Demonstrations

8:30-9:30 Patient Demonstration Number 1: 3 weeks out,
Hip Arthroscopy – Dan Schloss, DPT, PT ATCA

9:30-10:30 Patient Demonstration Number 2: 6 weeks out,
Hip Arthroscopy Kristyn Taylor, DPT, PT

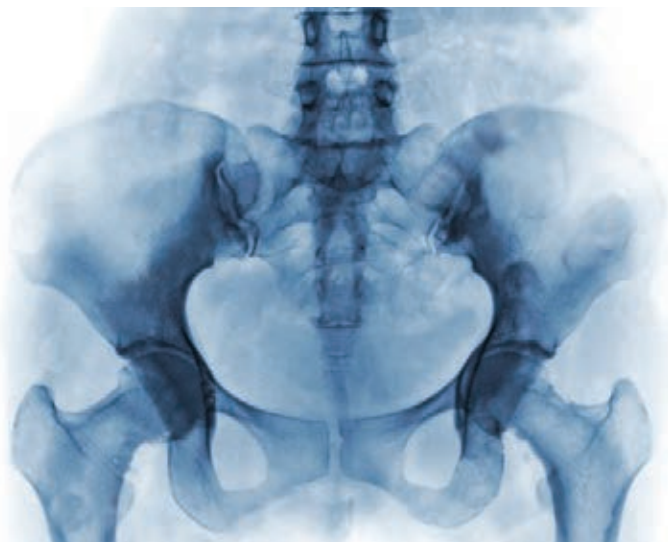
10:30-10:45 Break

10:45-11:45 Patient Demonstration Number 3: 1-3 weeks out,
THA – Brad Allison, DPT, PT, OCS

11:45-12:30 High Level Performance Demonstration –
David Heidloff, ATC, FMS, PES

Course Description

This 2-day course sponsored by Midwest Orthopaedics at Rush will feature in-depth lectures on anatomy, biomechanics, surgical interventions and rehabilitation of the hip. Saturday will be dedicated to lectures, labs and demonstrations. Physical therapy staff will present manual therapy techniques and treatment tips.



Hip Anatomy, Biomechanics and Rehabilitation

Physician Staff

Jeremy Alland, MD, Sports Medicine and Shoulder

Dr. Alland is board certified in family medicine and specializes in the care of the entire athlete with special interests in the throwing athlete, the golfing athlete, sports performance, and ultrasound-guided procedures. He is an assistant professor at Rush University Medical Center.

Jorge Chahla, MD, PhD, Sports Medicine and Shoulder

Dr. Chahla is a sports medicine orthopedic surgeon and scientist at Rush University Medical Center with a PhD in biomedical education.

Dugan, MD, Physical Medicine & Rehabilitation Physician

Dr. Dugan is an associate professor at Rush University Medical Center. She is board certified in physical medicine and rehabilitation and sports medicine. She specializes in musculoskeletal disorders, women's nerve conduction study and electromyography, pelvic pain, spinal disorders, and non-surgical care of sports injuries.

Denis Nam, MD, MSc, Hip & Knee Replacement Surgeon

Dr. Nam is an assistant professor in orthopedic surgery at Rush University Medical Center and medical director of the Franciscan Health Center for Joint Surgery. He is board certified orthopedic surgeon specializing in hip and knee reconstruction, replacement, revision, partial knee replacement, and minimally invasive surgery.

Shane Nho, MD, MS, Sports Medicine Surgeon

Dr. Nho is an assistant professor and director of the Hip Preservation Center at Rush University Medical Center. His practice is focused on sports medicine and arthroscopic treatment of the hip, shoulder, and knee. He has a specific interest in the arthroscopic treatment of athletic hip injuries, hip joint preservation surgery for FAI, hip labral repairs, shoulder instability, rotator cuff repair, and knee arthroscopy.

Physical Therapy Staff

Midwest Orthopaedics at Rush

Bradley Allison, PT, DPT, OCS

Marcie Harris-Hayes, PT, DPT, MSCJ

David Heidloff, ATC, FMS, PES

Thomas Lotus, DC, FACO, Cert.MDT

Phil Malloy, MS, PT, SCS, PhD

Don Neumann, PhD, PT, FAPTA

Dan Schloss, DPT, PT ATC

Kristyn Taylor, DPT, PT



General Information

Participation is limited to 65 attendees. Early registration is encouraged as participants are accepted on a first-come, first-served basis. Final enrollment is confirmed upon receipt of registration and payment. To register, please visit <https://morhip2018.eventbrite.com>.

Online Registration & Payment

Attendee registration is online only: <https://morhip2018.eventbrite.com>

Course Fee:

- Early Bird Registration (received by February 28, 2019): \$325
- Standard Registration (received after February 28, 2019): \$375

Please note that group discounts are not offered for this course.

Credit cards only. No checks accepted. For questions regarding registration, please contact Alex Sroka at Alexander.Sroka@rushortho.com or 708.236.2618.

Registration Cancellation by Participant

The deadline to receive a refund for your registration is March 14, 2019.

Registration cancellations received prior to the deadline are eligible to receive a refund, **minus a \$125 cancellation fee**. Please note the following regarding refunds:

- Cancellations received after the stated deadline is not eligible for a refund.
- Refunds are not available for registrants who do not attend an event.
- Cancellations will be accepted **in writing (e-mail) only** and must be received by the stated cancellation deadline.
- All refund requests must be made by the attendee or credit card holder.
- Refund requests must include the name of the attendee and/or transaction number.
- Refunds will be credited back to the original credit card used for payment.
- Registrations may not be transferred.

For all cancellations, please submit your inquiry to Alex Sroka at Alexander.Sroka@rushortho.com.

Breakfast, Lunch & Breaks

Breakfast, lunch and all breaks are included in the course fee. Participants with special dietary restrictions should plan their own lunch and snacks.

Valet Parking Services or Rates

The parking garage is located near the corner of Ashland Ave. / Harrison Street, adjacent to the Midwest Orthopaedics at Rush Orthopedic Building. The Orthopedic Building is located at 1611 W. Harrison Street, Chicago, IL 60612.

\$8.00 parking will be available for all attendees. You may use the Rush parking garage if attending the course and using the Marriott or Hotel Chicago accommodations. Parking (discount) stickers are provided upon check-in on Friday, April 5th.

Hotel Accommodations

A limited number of rooms are being held for the event and are reserved on a first come, first served basis. Room reservations will be made by individual attendees directly with the hotel's reservation department.

Chicago Marriott at Medical District/UIC

625 South Ashland Avenue at Harrison Street
Chicago, Illinois 60607 USA
Toll-free: 1.800.356.3641

Room Block: Midwest Orthopaedics at Rush

The Marriott is located at the corner of Ashland and Harrison, across from the Orthopedic Building.

Hotel Chicago-Illinois Medical District

1622 W. Jackson Boulevard
Chicago, Illinois 60612 USA
Phone: 1.312.243.2900

Email: reservations@hotelchicago1622.com

Room Block: Rush Orthopaedics April Group
By Friday, March 1, 2019

The Hotel Chicago is located within walking distance of the Orthopedic Building, north on Ashland and west on Jackson.