

2017 MOR Elbow to Hand Symposium:

Sports-Related Hand to
Elbow Injuries and Conditions

November 3 & 4, 2017

**Armour Academic Center
at Rush University**

600 S. Paulina Street, Room 540
Chicago, Illinois 60612

Sponsored by:

MIDWEST
ORTHOPAEDICS
at RUSH  
HAND, WRIST & ELBOW

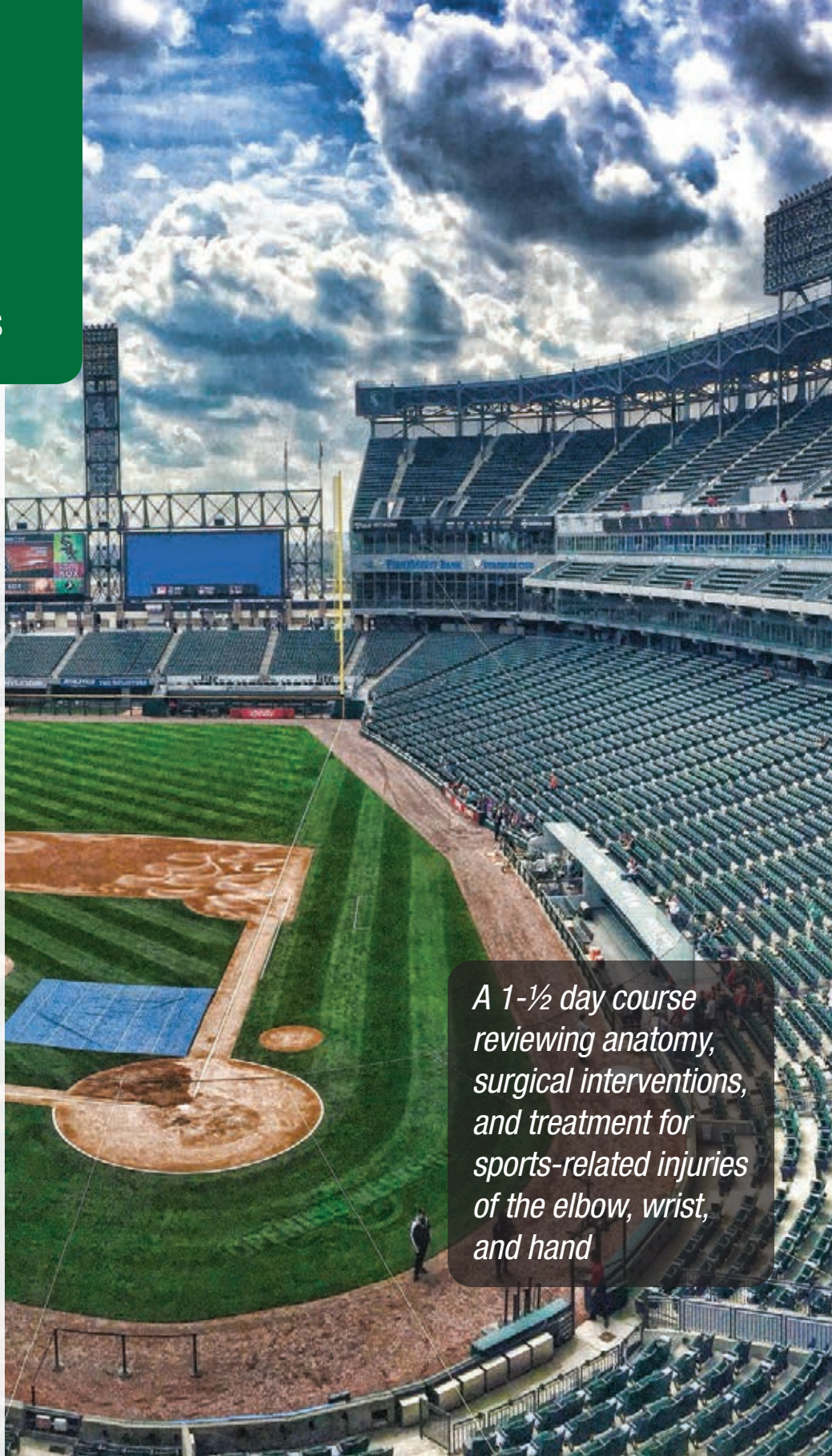
*A 1-½ day course
reviewing anatomy,
surgical interventions,
and treatment for
sports-related injuries
of the elbow, wrist,
and hand*

Course Coordinators:

Mark S. Cohen, MD • Kristen Grider, OTR/L, CHT

Additional Faculty:

John J. Fernandez, MD • Robert W. Wysocki, MD • Andrew Tsai, MD • Dru Krischer, MOT, OTR/L, CHT •
Meredith Payne Trost, MS, OTR/L, CHT • Lauren Nichol, MOT, OTR/L • Courtney Kolthoff, MOT, OTR/L • Debra Wright, OTR/L, CHT •
Brooke Brooks, OTR/L, CHT • Mary Moskwa, OTR/L, CHT



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Course Location:

Armour Academic Center at Rush University
600 S. Paulina Street, Room 540
Chicago, Illinois 60612

Sponsored by:

Midwest Orthopaedics at Rush (MOR)
Hand, Wrist & Elbow Institute
1611 W. Harrison Street, Chicago, IL 60612

Course Coordinators: Mark S. Cohen, MD;
Kristen Grider, OTR/L, CHT

Additional Faculty: John J. Fernandez, MD;
Robert W. Wysocki, MD; Andrew Tsai, MD; Dru Krischer, MOT,
OTR/L, CHT; Meredith Payne Trost, MS, OTR/L, CHT;
Lauren Nichol, MOT, OTR/L; Courtney Kolthoff, MOT, OTR/L;
Debra Wright, OTR/L, CHT; Brooke Brooks, OTR/L, CHT;
Mary Moskwa, OTR/L, CHT

Target Audience: CHTs, OTs, PTs

Level: Beginner to Intermediate

Course Fee: Registration by September 29, 2017: \$360;
Late Registration: \$415

10 continuing education contact hours issued by MOR, an Illinois
Department of Financial & Professional Regulation Occupational
Therapy CE Sponsor, license # 224000147

Course Description

This 1 1/2 day course sponsored by Midwest Orthopaedics at Rush Hand, Wrist & Elbow Institute will feature in-depth lectures on current surgical interventions, treatment, and therapy for sports-related injuries of the elbow, wrist, and hand. Saturday afternoon will be dedicated to small group teaching, with focus on cadaver dissections where anatomy and operative procedure will be demonstrated by the surgeons. Occupational therapy staff will present manual therapy techniques and treatment tips.



Friday, November 3, 2017

1:00-2:00	Registration/Sign-In & Exhibitor Display
2:00-2:30	The Manual Exam, Palpation and Provocative Testing: Elbow
2:30-3:00	MCL Injuries and Tommy John Surgery
3:00-3:15	OT Rehabilitation Guidelines: Conservative MCL and Tommy John
3:15-3:45	Break & Exhibitor Display
3:45-4:15	OCD
4:15-5:00	Bicep/Tricep/Epicondylitis
5:00-5:15	OT Conservative and Post-Surgical Treatment: Elbow
5:15-5:45	Case Presentation - Elbow
5:45-6:00	Panel Discussion, Q & A
6:00-7:00	Course Faculty & Participants Reception in MOR Lobby Sign-Out

Saturday, November 4, 2017

Morning Session

7:30-8:00	Registration/Sign-In & Exhibitor Display
8:00-8:30	The Manual Exam, Palpation, and Provocative Testing: Wrist
8:30-9:00	PeriLunate Dislocation, Other Carpal Fractures
9:00-9:30	Scapholunate Injury and Scaphoid Fracture
9:30-9:45	OT Conservative and Post-Surgical Treatment: Wrist
9:45-10:00	Break & Exhibitor Display
10:00-10:30	Case Presentation - Wrist
10:30-11:00	Soft Tissue Injuries: Mallet Finger, Central Slip, Jersey Finger, etc
11:00-11:15	OT Conservative and Post-Surgical Treatment: Soft Tissue Injuries
11:15-11:45	MCP/PIP Bony Injury and Hemi-Hamate Procedure
11:45-12:15	Case Presentation - Hand
12:15-12:30	Panel Discussion, Q & A
12:30-1:30	Lunch Provided in MOR Lobby

First Cadaver Group Meet at MOR Elevators, first floor, by 1:15

Afternoon Concurrent Sessions (1:30-4:30)

Cadaver Lab	4 Surgical Suites (Rotate through all 4)
OT Lab	5 Tables (Rotate through all 5*) Screening Techniques IASTM Stabilization and Dynamic Sports Taping Functional Casting Demo Thrower's 10 <i>*Topic may change</i>
1:30-2:45	Small Group Rotation 1 Yellow Groups (2x12; 2x13) You have 4 rotations, 18 minutes each. <i>Meet at MOR elevators, first floor, at 1:15 to walk over to Surgery Center for cadaver presentations.</i> Green Groups (5x10) You have 5 rotations, 15 minutes each. <i>Go to MOR Suite 107.</i>
2:45-3:15	Break <i>Surgery Center group walks to MOR Suite 107 OT group meets at MOR elevators, first floor, walk over to Surgery Center.</i>
3:15-4:30	Small Group Rotation 2 Green Groups (2x12; 2x13) You have 4 rotations, 18 minutes each. <i>Go to Surgery Center for cadaver presentations.</i> Yellow Groups (5x10) You have 5 rotations, 15 minutes each. <i>Go to MOR Suite 107.</i>

Sign-Out, Course Evaluation, Certificate pick-up in Suite 107 at the end of Saturday afternoon session

Payment for course and participation in lab session is release of liability

Surgical Staff

Dr. Mark S. Cohen, MOR Hand, Wrist & Elbow Institute

For more than 20 years since he joined MOR, Dr. Cohen has focused his clinical and research interests on fractures and reconstruction of the hand, wrist and elbow with a special emphasis on minimally invasive surgery. Dr. Cohen received his bachelor's degree from Stanford University and graduated with highest distinction and departmental honors. He then attended Harvard Medical School, where he graduated Magna Cum Laude. After serving an orthopedic residency at the University of California, San Diego, he completed an upper extremity and microvascular fellowship at the renowned Indiana Hand Center. Dr. Cohen is the 2017 ASHT Conference keynote speaker.

Dr. John J. Fernandez, MOR Hand, Wrist & Elbow Institute

Dr. Fernandez is one of the nation's leading innovators in technology for hand and wrist injuries. His research has led to minimally invasive procedures with excellent outcomes. Born in the Midwest, his family originates from Spain and he is fluent in Spanish. He graduated salutatorian honors from medical school and completed his residency and fellowship at the distinguished University of Pittsburgh Medical Center and Indiana Hand Center, both ranked among the top programs in the nation. Dr. Fernandez is a Golden Apple Award winner for excellence in teaching.

Dr. Robert W. Wysocki, MOR Hand, Wrist & Elbow Institute

Dr. Wysocki's practice focuses on the treatment of hand, wrist and elbow conditions, as well as microsurgical reconstruction of the upper and lower limbs. He earned his medical degree from Northwestern University Feinberg School of Medicine and finished his orthopedic surgery residency at Rush University Medical Center. He completed a hand, upper extremity, and microvascular surgery fellowship at Duke University Medical Center.

Occupational Therapy Staff

Kristen Grider, OTR/L, CHT

Manager of Occupational Therapy,
Midwest Orthopaedics at Rush

Dru Krischer, MOT, OTR/L, CHT

Staff OT, Midwest Orthopaedics at Rush

Lauren Nichol, MOT, OTR/L

Staff OT, Midwest Orthopaedics at Rush

Meredith Payne Trost, MS, OTR/L, CHT

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Staff OT, Midwest Orthopaedics at Rush

Brooke Brooks, OTR/L, CHT

Athletic OT

Mary Moskwa, OTR/L, CHT

Athletic OT

General Information

Participation is limited to 100 attendees. Early registration is encouraged as participants are accepted on a first-come, first-served basis. Final enrollment is confirmed upon receipt of registration and payment. To register, please visit <https://morewh.eventbrite.com>.

Online Registration & Payment

Attendee registration is online only:
<https://morewh.eventbrite.com>

Course Fee:

- Early-bird Registration (received by September 29, 2017): \$360
- Late Registration (received after September 30, 2017): \$415

Please note that group discounts are not offered for this course.

Credit cards only. No checks accepted. For questions regarding registration, please contact Alex Sroka at Alexander.Sroka@rushortho.com or 708.236.2618.

Registration Cancellation by Participant

The deadline to receive a refund for your registration is September 30, 2017. Registration cancellations received prior to the deadline are eligible to receive a refund, minus a \$125 cancellation fee. Please note the following regarding refunds:

- Cancellations received after the stated deadline is not eligible for a refund.
- Refunds are not available for registrants who do not attend an event.
- Cancellations will be accepted **in writing (e-mail) only** and must be received by the stated cancellation deadline.
- All refund requests must be made by the attendee or credit card holder.
- Refund requests must include the name of the attendee and/or transaction number.
- Refunds will be credited back to the original credit card used for payment.
- Registrations may not be transferred.

For all cancellations, please submit your inquiry to Alex Sroka at Alexander.Sroka@rushortho.com.

Lunch & Breaks

Lunch and all breaks are included in the course fee. Participants with special dietary restrictions should plan their own lunch and snacks.

Valet Parking Services or Rates

The parking garage is located near the corner of Ashland Ave. / Harrison Street, adjacent to the Midwest Orthopaedics at Rush Orthopedic Building. The Orthopedic Building is located at 1611 W. Harrison Street, Chicago, IL 60612.

\$8.00 parking will be available for all attendees. You may use the Rush parking garage if attending the course and using the Marriott or Hotel Chicago accommodations. Parking (discount) stickers are provided upon check-in on Friday, November 3rd.

Hotel Accommodations

A limited number of rooms are being held for the event and are reserved on a first come, first served basis. Room reservations will be made by individual attendees directly with the hotel's reservation department.

Chicago Marriott at Medical District/UIC

625 South Ashland Avenue at Harrison Street
Chicago, Illinois 60607 USA
Toll-free: 1.800.356.3641

Room Block: Midwest Orthopaedics at Rush

The Marriott is located at the corner of Ashland and Harrison, across from the Orthopedic Building.

Hotel Chicago-Illinois Medical District

1622 W. Jackson Blvd.
Chicago, IL 60612
Phone: 1.312.243.2900

Email: reservations@hotelchicago1622.com

Room Block: Rush Orthopaedics November Group
By Tuesday October 3, 2107

The Hotel Chicago is located within walking distance of the Orthopedic Building, north on Ashland and west on Jackson.





HAND, WRIST & ELBOW

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877 MD BONES (877.632.6637)

www.rushortho.com

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