

*CURRICULUM VITAE*  
**JOHN JOSEPH FERNANDEZ, MD, FAAOS**

**MIDWEST ORTHOPAEDICS AT RUSH**

1611 WEST HARRISON STREET  
CHICAGO, IL 60612  
PHONE: 312.432.2347  
JOHN.FERNANDEZ@RUSHORTHO.COM



**PERSONAL**

Born June 20, 1966 in the midwest to parents from Galicia, Spain and oldest brother of two sisters. He is married to Nicole, vice-president of nursing for Northshore University Health System and has three sons, Johnny Maximo, Enzo Luciano, and Rocco Antonio, and two dogs, Peaches and Lola. He is fluent in both written and spoken Spanish language.

He completed an advanced 6 year accelerated combined BSMD program from Northeastern College of Medicine, and graduated second in his class as Salutatorian and Magna Cum Laude. He completed his orthopaedic residency at the University of Pittsburgh Medical Center and as chief resident was bestowed the honor of editor of the Pittsburgh Orthopaedic Journal. He then went on to the acclaimed Indiana Hand Center for his fellowship in hand and microsurgery.

Dr. Fernandez has created and innovated some of the advanced surgeries currently popularized in the treatment of the hand, wrist, and elbow conditions. His original research has led to techniques minimizing surgical trauma while maximizing outcomes. As an innovator he holds patents in some of the very implants developed for these minimally invasive surgeries. As a microsurgeon, he has performed hundreds of successful microsurgical procedures. These have included replantations of amputations and complex soft-tissue and bone reconstructions for deformity, wounds, nerve injury, and tendon deficits.

He invented the elbow distal biceps tendon Endobutton repair technique. This allows for the strongest repair of the distal biceps tendon through a single small incision minimizing surgical trauma. It is now arguably the most commonly used technique at this time.

He has helped in the engineering and patenting of fixation devices including the plates and screws used in the repair and reconstruction of wrist distal radius fractures. This has nearly eliminated the need for cast immobilization and allows for a rapid return to more normal function through a small cosmetic incision. In the treatment of arthritis he has developed techniques and reported results on the reconstruction of thumb basilar joint arthritis. This has allowed for near normal return in function for what can be a disabling condition.

Currently Dr. Fernandez serves as one of the team physicians for the Chicago White Sox, the Chicago Bulls, and the Chicago Steel. Academically he has published papers and chapters in peer-reviewed journals and text books used as contemporary references. He serves on teaching faculty at national and international courses and presents his expertise to audiences of his peers. He is active in the teaching of residents and fellows, and is the proud recipient of the "Golden Apple Teaching Award".

In addition to his medical and academic contributions, he has diverse interests including the restoration of vintage trucks and cars, target shooting, scuba diving, climbing (Rainier and Grand Teton), and running (Chicago Marathon 2016). He has also volunteered his time serving medical missions in Haiti (2010) and Africa.

**EDUCATION**

**FELLOWSHIP - HAND AND MICROSURGICAL RECONSTRUCTION**

**INDIANA HAND CENTER**

INDIANAPOLIS, INDIANA  
JULY 1995 TO JULY 1996

**RESIDENCY - ORTHOPAEDIC SURGERY**

**UNIVERSITY OF PITTSBURGH MEDICAL CENTER**

PITTSBURGH, PENNSYLVANIA  
JULY 1991 TO JULY 1995

**INTERNSHIP - GENERAL SURGERY**

**UNIVERSITY OF PITTSBURGH MEDICAL CENTER**

PITTSBURGH, PENNSYLVANIA  
JUNE 1990 TO JUNE 1991

**MEDICAL SCHOOL**

**NORTHEASTERN OHIO UNIVERSITIES COLLEGE OF MEDICINE**

MEDICAL DOCTORATE, GRADUATED SECOND IN CLASS *SALUTATORIAN*  
SEPTEMBER 1986 TO MAY 1990

**UNDERGRADUATE SCHOOL**

**UNIVERSITY OF AKRON**

BACHELORS OF SCIENCE, GRADUATED *MAGNA CUM LAUDE*  
JUNE 1984 TO MAY 1986

## **CERTIFICATION AND LICENSURE**

**DIPLOMATE, AMERICAN BOARD OF ORTHOPAEDIC SURGERY, 1998.**  
BOARD CERTIFIED IN ORTHOPAEDIC SURGERY, RECERTIFIED 2017.

**CERTIFICATE OF ADDED QUALIFICATION IN HAND SURGERY, 2001.**  
CERTIFIED IN HAND AND MICROVASCULAR SURGERY, RECERTIFIED 2017.

**CERTIFIED IMPAIRMENT RATINGS, 2012.**  
AMERICAN ACADEMY OF DISABILITY EVALUATING PHYSICIANS,  
NOVEMBER 3, 2012

**DIPLOMATE, AMERICAN BOARD OF INDEPENDENT MEDICAL EXAMINERS, 1998.**  
BOARD CERTIFIED IN INDEPENDENT MEDICAL EXAMINATION, INACTIVE.

**DIPLOMATE, NATIONAL BOARD OF MEDICAL EXAMINERS, 1991.**

### **MEDICAL LICENSURE**

<b>ILLINOIS:</b>	036-098896	
<b>INDIANA:</b>	01044058	(INACTIVE)
<b>FLORIDA:</b>	ME 0070909	(INACTIVE)
<b>PENNSYLVANIA:</b>	MD 048641L	(INACTIVE)

## **PROFESSIONAL MEMBERSHIPS**

**AMERICAN ACADEMY FOR ORTHOPAEDIC SURGEONS**

**AMERICAN SOCIETY FOR SURGERY OF THE HAND**

**AMERICAN ASSOCIATION FOR HAND SURGERY**

**AMERICAN COLLEGE OF OCCUPATIONAL AND ENVIRONMENTAL MEDICINE**

## **PROFESSIONAL APPOINTMENTS**

***TEAM PHYSICIAN CHICAGO WHITE SOX AND CHICAGO BULLS***

***ASSISTANT PROFESSOR, ORTHOPAEDIC DEPARTMENT, RUSH-PRESBYTERIAN-ST. LUKE'S MEDICAL CENTER. CHICAGO, IL, 1998 TO PRESENT.***

***DIRECTOR OF MICROSURGERY, MIDWEST ORTHOPAEDICS HAND & SHOULDER CENTER AT RUSH. CHICAGO, IL, 1998 TO PRESENT.***

***COMMITTEE ON ADMISSIONS, RUSH MEDICAL COLLEGE. CHICAGO, IL, 2005-2010.***

***VICE-PRESIDENT, SOUTH FLORIDA MICROSURGICAL ASSOCIATES. FORT LAUDERDALE, FL, 1997 AND 1998.***

***BOARD MEMBER, ARTHRITIS FOUNDATION. FORT LAUDERDALE, FL, 1997 AND 1998.***

**THE PITTSBURGH ORTHOPAEDIC JOURNAL.**

***CHIEF EDITOR, PITTSBURGH, PA, 1995.***

***ASSOCIATE EDITOR, 1993 AND 1994.***

***VICE-PRESIDENT, ALPHA OMEGA ALPHA, ZETA CHAPTER. AKRON, OH, 1989 - 1990.***

## **HONORS & AWARDS**

**GOLDEN APPLE TEACHING AWARD, 2012.**

***RUSH UNIVERSITY MEDICAL CENTER, DEPARTMENT OF ORTHOPAEDICS***

***ALPHA OMEGA ALPHA, 1989 AND 1990.***

***ANN SCHILLING SCHOLAR, 1988 AND 1989.***

***KOPSCH AWARD, 1988 AND 1989.***

***MEDICAL FOUNDATION SCHOLAR, 1988 AND 1989.***

***OHIO BOARD OF REGENTS AWARD OF DISTINCTION, 1984.***

## **PUBLICATIONS & PRESENTATIONS**

**Mimickers of Hand and Upper Extremity Infections- How to Avoid Misdiagnosis and Mistreatment.** Fernandez JJ, Hinkelman LL, Stern PJ, Wysocki RW. **Instructional Course 04: American Society for Surgery of the Hand 73<sup>rd</sup> Annual Meeting, Boston, MA, September 2017.**

**ARTHROSCOPIC ASSISTED OUTSIDE-IN REPAIR OF TRIANGULAR FIBROCARILAGE COMPLEX TEARS.** FRANK RM, FERNANDEZ JJ, COHEN MS, WYSOCKI RW. **2016 AAOS ANNUAL MEETING ORTHOPAEDIC VIDEO THEATRE - AWARD PROGRAM. ORLANDO, FL. MARCH 1-5, 2016.**

**CHAIRMAN OF AAOS/ASSH GENERAL ORTHOPAEDIC REVIEW COURSE.**  
FERNANDEZ JJ. CHICAGO, IL, JULY 2015.

**ULNAR NERVE MANAGEMENT.** FERNANDEZ JJ. **CHICAGO SPORTS MEDICINE SYMPOSIUM; CHICAGO, IL, AUGUST 2015.**

**Proximal Row Carpectomy versus Four-Corner Arthrodesis for Posttraumatic Wrist Arthropathy: A Systematic Review.** Saltzman BM, Frank JM, W, Fernandez JJ, Cohen MS, Wysocki RW. **Poster No. P238. American Academy of Orthopaedic Surgeons 2015 Annual Meeting.**

**SCAPHOID FRACTURES: PERCUTANEOUS VS. OPEN FIXATION; DORSAL OR PALMAR.** FERNANDEZ JJ. **AO TRAUMA SEMINAR – HAND AND WRIST FRACTURE MANAGEMENT; CHICAGO, IL, FEBRUARY 2015.**

**CARPOMETACARPAL JOINT FRACTURES.** FERNANDEZ JJ. **AO TRAUMA SEMINAR – HAND AND WRIST FRACTURE MANAGEMENT; CHICAGO, IL, FEBRUARY 2015.**

**DETECTION OF TRAUMATIC ARTHROTOMY OF THE WRIST USING THE SALINE LOAD TEST.** SLIKKER W, FRANK RM, AL-SHIHABI L, FERNANDEZ JJ, WYSOCKI R, COHEN MS. **AMERICAN SOCIETY FOR SURGERY OF THE HAND ANNUAL MEETING, BOSTON, SEPTEMBER 2014.**

**PROXIMAL ROW CARPECTOMY VERSUS FOUR-CORNER ARTHRODESIS FOR POST-TRAUMATIC WRIST ARTHROPATHY.** FRANK JM, SALTZMAN BM, SLIKKER W, FERNANDEZ JJ, COHEN MS, WYSOCKI RW. **AMERICAN SOCIETY FOR SURGERY OF THE HAND ANNUAL MEETING. BOSTON, SEPTEMBER 2014.**

**LOCAL AND REGIONAL FLAPS FOR HAND COVERAGE.** BISWAS D, WYSOCKI RW, FERNANDEZ JJ, COHEN MS. **J HAND SURG, 39 (5): 992-1004, 2014.**

**DETECTION OF TRAUMATIC ARTHROTOMY OF THE WRIST USING THE SALINE LOAD TEST.** SLIKKER W, FRANK RM, AL-SHIHABI L, FERNANDEZ JJ, WYSOCKI R,

COHEN MS. CHICAGO COMMITTEE ON TRAUMA ANNUAL MEETING (1<sup>ST</sup> PLACE AWARD), SEPTEMBER 2013.

**RADIOCAPHOLUNATE ARTHRODESIS WITH COMPRESSION SCREWS AND LOCAL AUTOGRAFT.** BISWAS D, WYSOCKI RW, COHEN MS, FERNANDEZ JJ. **J HAND SURG**, 38A: 788-94, 2013.

**ACUTE BRACHIAL PLEXOPATHY AFTER CLAVICULAR OPEN REDUCTION AND INTERNAL FIXATION.** GROSS CE, CHALMERS PN, ELLMAN M, FERNANDEZ JJ, VERMA NN. **J SHOULDER ELBOW SURG**, MAY 2013.

**DISTAL BICEPS REPAIR.** CHALMERS PN, VAN THIEL GS, FERNANDEZ JJ, VERMA NN. **SURGICAL TECHNIQUES OF THE SHOULDER, ELBOW, AND KNEE IN SPORTS MEDICINE, SECOND EDITION.** PHILADELPHIA, SAUNDERS, 2013.

**ARTHROSCOPIC MANAGEMENT OF LATERAL EPICONDYLITIS.** FERNANDEZ JJ. **ATI NATIONAL SPORTS MEDICINE SUMMIT.** CHICAGO, IL. AUGUST 12, 2013.

**Internal Fixation of Forearm and Hand Fractures.** Fernandez JJ. *Principles Operating Room Personnel Course.* Chicago, IL. August 9-10, 2013

**PHYSICAL EXAMINATION OF THE HAND: THE BASICS AND SPECIFIC TESTS.** FERNANDEZ JJ. **MUSCULOSKELETAL EXAMINATION OF THE ELBOW, WRIST AND HAND: MAKING THE COMPLEX SIMPLE.** THOROFARE, SLACK, 2012.

**MASTER SKILLS SERIES IN WRIST AND HAND RECONSTRUCTION.** FERNANDEZ JJ. **AMERICAN SOCIETY FOR SURGERY OF THE HAND 67<sup>TH</sup> ANNUAL MEETING;** CHICAGO, IL, SEPTEMBER 2012.

**VOLAR PLATING OF DISTAL RADIUS FRACTURES.** FERNANDEZ JJ. **OPERATIVE TECHNIQUES IN ORTHOPAEDIC SURGERY.** PHILADELPHIA, LIPPINCOTT WILLIAMS & WILKINS, 2011.

**Thumb Carpometacarpal Suspension Arthroplasty Using Interference Screw Fixation: Surgical Technique and Clinical Results.** Wycsocki RW, Cohen MS, Shott S, Fernandez JJ. **J Hand Surg**; 35A:9913-920, 2010.

**WRIST AND HAND: CURRENT CONCEPTS OF WORK RELATED INJURIES.** FERNANDEZ JJ. **ILLINOIS SELF-INSURERS ASSOCIATION 32<sup>ND</sup> ANNUAL EDUCATIONAL SEMINAR;** OAK BROOK, IL, OCTOBER 7 & 8, 2010.

**MASTER SKILLS SERIES: TRAUMA OF THE ELBOW, FOREARM, AND WRIST.** FERNANDEZ JJ. **DISTAL RADIUS FRACTURES;** ASSH, OLC, ROSEMONT, IL, MAY 21-22, 2010.

**THUMB CARPOMETACARPAL SUSPENSION ARTHROPLASTY USING INTERFERENCE SCREW FIXATION: SURGICAL TECHNIQUE AND CLINICAL RESULTS.** WYSOCKI RW,

COHEN MS, FERNANDEZ JJ. **MID-AMERICA ORTHOPAEDIC ASSOCIATION ANNUAL MEETING**, AMELIA ISLAND, APRIL 2009.

**POSTERIOR ELBOW COVERAGE: THE WHOLE AND SPLIT FLEXOR CARPI ULNARIS FLAPS.** WYSOCKI RW, GRAY RL, FERNANDEZ JJ, COHEN MS. **AMERICAN ORTHOPAEDIC ASSOCIATION ANNUAL MEETING**, BONITA SPRINGS, JUNE 2009.

**DORSAL THUMB CARPOMETACARPAL JOINT RECONSTRUCTION: SURGICAL DEMONSTRATION.** FERNANDEZ JJ. **UPDATE ON THE PAINFUL AND INJURED WRIST**; AAOS OLC, ROSEMONT, IL, MAY 29-30, 2009.

**THUMB CARPOMETACARPAL SUSPENSION ARTHROPLASTY USING INTERFERENCE SCREW FIXATION: SURGICAL TECHNIQUE AND CLINICAL RESULTS.** WYSOCKI RW, COHEN MS, FERNANDEZ JJ. **AMERICAN SOCIETY FOR SURGERY OF THE HAND 64<sup>TH</sup> ANNUAL MEETING**. SAN FRANCISCO, SEPTEMBER 2009.

**SCAPHOID FRACTURES: CLASSIFICATION, TREATMENT, OPERATIVE TACTICS.** FERNANDEZ JJ. **UPDATE ON THE PAINFUL AND INJURED WRIST**; AAOS OLC, ROSEMONT, IL, MAY 29-30, 2009.

**POSTERIOR ELBOW COVERAGE: THE WHOLE AND SPLIT FLEXOR CARPI ULNARIS FLAPS.** WYSOCKI RW, GRAY RL, FERNANDEZ JJ, COHEN MS. **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS 76<sup>TH</sup> ANNUAL MEETING**, LAS VEGAS, 2009.

**OPERATIVE TREATMENT OF DISPLACED AND UNSTABLE HAND FRACTURES: PROXIMAL PHALANX FRACTURES.** FERNANDEZ JJ. **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS, 75<sup>TH</sup> ANNUAL MEETING**; LAS VEGAS, NV, FEBRUARY 2009.

**SCAPHOID FRACTURES – MANAGEMENT OF NON UNION WITH VASCULARIZED BONE GRAFTS.** FERNANDEZ JJ. **HAND & UPPER EXTREMITY THINK-TANK**; VAIL, CO, JAN 2009.

**THUMB CARPOMETACARPAL SUSPENSION ARTHROPLASTY USING INTERFERENCE SCREW FIXATION: SURGICAL TECHNIQUE AND CLINICAL RESULTS.** WYSOCKI RW, COHEN MS, FERNANDEZ JJ. **SPECIAL EMPHASIS PRESENTATION AT THE AMERICAN ORTHOPAEDIC ASSOCIATION 2009 ANNUAL MEETING**. BONITA SPRINGS, FL, 2009.

**POSTERIOR ELBOW COVERAGE: THE WHOLE AND SPLIT FLEXOR CARPI ULNARIS FLAPS.** WYSOCKI RW, GRAY RL, FERNANDEZ JJ, COHEN MS. **POSTER PRESENTATION AT THE AMERICAN ORTHOPAEDIC ASSOCIATION 2009 ANNUAL MEETING**. BONITA SPRINGS, FL, 2009.

**POSTERIOR ELBOW COVERAGE USING WHOLE AND SPLIT FLEXOR CARPI ULNARIS FLAPS. A CADAVERIC STUDY.** WYSOCKI RW, GRAY RL, FERNANDEZ JJ, COHEN MS. *J HAND SURG [AM]*, DECEMBER;33(10):1807-1812, 2008.

**BIOMECHANICAL EVALUATION OF TEN CONFIGURATIONS OF A SMALL EXTERNAL FIXATOR SET.** KATOLIK LI, STEWART M, FERNANDEZ JJ, MACLENNAN A, COHEN MS. *AM J ORTHOPEDICS*, 37 (9): 462-5, 2008.

**ULNAR STYLOID AND ULNAR HEAD FRACTURE AND DRUJ INSTABILITY.** FERNANDEZ JJ. **CUURRENT OPTIONS IN THE TREATMENT OF WRIST INJURIES.** AAOS. MAY 2008.

**POSTERIOR ELBOW COVERAGE: THE WHOLE AND SPLIT FLEXOR CARPI ULNARIS FLAPS. A CADAVERIC STUDY.** WYSOCKI RW, GRAY RL, FERNANDEZ JJ, COHEN MS. **AMERICAN SOCIETY FOR SURGERY OF THE HAND 63RD ANNUAL MEETING, CHICAGO, SEPTEMBER 2008.**

**FIXED ANGLE PLATES: CASE SELECTION AND SURGICAL TECHNIQUE.** FERNANDEZ JJ. **CUURRENT OPTIONS IN THE TREATMENT OF WRIST INJURIES.** AAOS. MAY 2008.

**DISTAL BICEPS REPAIR – OPEN INCISION TECHNOUE.** FERNANDEZ JJ. **PRECOURSE 9: THE ELBOW AND FOREARM: OPERATIVE TECHNIQUES AND TREATMENT STRATEGIES: 63<sup>RD</sup> ANNUAL MEETING OF THE ASSH, CHICAGO, IL, SEPTEMBER 18-20, 2008.**

**WHEN BAD THINGS HAPPEN TO GOOD SURGEONS: TREATING COMPLEX HAND, WRIST, AND ELBOW FRACTURES.** FERNANDEZ JJ. **63<sup>RD</sup> ANNUAL MEETING OF THE ASSH, CHICAGO, IL, SEPTEMBER 17, 2008.**

**ULNAR STYLOID AND ULNAR HEAD FRACTURES AND DRUJ INSTABILITY.** FERNANDEZ JJ. **CURRENT OPTIONS IN THE TREATMENT OF WRIST INJURIES;** AAOS OLC, ROSEMONT, IL, MAY 16-17, 2008.

**FIXED ANGLE PLATES: CASE SELECTION AND SURGICAL TECHNIQUE.** FERNANDEZ JJ. **CURRENT OPTIONS IN THE TREATMENT OF WRIST INJURIES;** AAOS OLC, ROSEMONT, IL, MAY 16-17, 2008.

**DISTAL RADIUS FRACTURE FIXATION BIOSKILLS LAB.** FERNANDEZ JJ. **4<sup>TH</sup> ANNUAL UPPER EXTREMITY TUTORIAL COURSE: SNOWMASS, CO, APRIL 6-11, 2008.**

**APPROACH TO SCAPHOLUNATE LIGAMENT INJURY, ACUTE.** FERNANDEZ JJ. **HAND & UPPER EXTREMITY THINK-TANK;** BEAVERCREEK, CO, JAN 30-FEB 2, 2008.



**SCAPHOID FRACTURES – MANAGEMENT OF NON UNION WITH FAILED INTERNAL FIXATION.** FERNANDEZ JJ. **HAND & UPPER EXTREMITY THINK-TANK;** BEAVERCREEK, CO, JAN 30-FEB 2, 2008.

**ACUTE FAILURE OF DISTAL BICEPS RECONSTRUCTION: A CASE REPORT.** KATOLIK LI, FERNANDEZ JJ, COHEN MS. **J SHOULDER ELBOW SURG,** MAY 2007.

**NEW CONCEPTS IN DISTAL RADIUS PLATING.** FERNANDEZ JJ. **CHICAGO TRAUMA SYMPOSIUM, 9<sup>TH</sup> ANNUAL;** PALMER HOUSE HILTON, CHICAGO, IL, AUG 10-12, 2007.

**SCAPHOID FRACTURES: CLASSIFICATION, TREATMENT, OPERATIVE TACTICS, AND OUTCOMES.** FERNANDEZ JJ. **MANAGING COMPLICATED HAND AND WRIST PROBLEMS;** AAOS OLC, ROSEMONT, IL, MAY 11-12, 2007.

**OPEN AND LIMITED OPEN CARPAL TUNNEL RELEASE: VIDEOTAPE DEMONSTRATION.** FERNANDEZ JJ. **MANAGING COMPLICATED HAND AND WRIST PROBLEMS;** AAOS OLC, ROSEMONT, IL, MAY 11-12, 2007.

**FRACTURES AND DISLOCATIONS OF THE WRIST.** FERNANDEZ JJ. **HANDBOOK OF FRACTURES, 3<sup>RD</sup> EDITION;** PP 175-200, MCGRAW HILL, 2006.

**ULNA FRACTURE: ULNAR HEAD; ULNAR STYLOID, DRUJ INSTABILITY.** FERNANDEZ JJ. **CURRENT OPTIONS IN THE TREATMENT OF WRIST FRACTURES;** AAOS OLC, ROSEMONT, IL, MAY 19-20, 2006.

**ULNAR TFCC REPAIR.** FERNANDEZ JJ. **CURRENT OPTIONS IN THE TREATMENT OF WRIST FRACTURES;** AAOS OLC, ROSEMONT, IL, MAY 19-20, 2006.

**SCAPHOID FRACTURES AND THEIR SEQUELAE.** FERNANDEZ JJ. **INSTRUCTIONAL COURSE: ANNUAL MEETING AMERICAN SOCIETY FOR SURGERY OF THE HAND;** SAN ANTONIO, TX, SEPTEMBER 23, 2005.

**THE ROLE OF INDEPENDENT MEDICAL EXAMINATIONS AND LEGAL CONSIDERATIONS.** FERNANDEZ JJ. **DISABILITY MANAGEMENT EMPLOYER COALITION;** CHICAGO, IL, MAY 19, 2005.

**OPERATIVE TREATMENT OF DISTAL RADIUS FRACTURES.** FERNANDEZ JJ. **TREATMENT OPTIONS FOR DIFFICULT FRACTURES: A NEW TECHNOLOGY SYMPOSIUM;** CHICAGO, IL, MAY 7, 2005.

**MANAGEMENT OF CARPAL, METACARPAL, AND PHALANGEAL FRACTURES.** FERNANDEZ JJ. **ILLINOIS TRAUMA SYMPOSIUM, 3<sup>ND</sup> ANNUAL MEETING;** CHICAGO, IL, APRIL 9, 2005.

**OPEN TECHNIQUES: SCAPHOLUNATE LIGAMENT CAPSULODESIS OPTIONS.**  
FERNANDEZ JJ. **THE WRIST: ARTHROSCOPIC AND OPEN TECHNIQUES;** AAOS  
OLC, CHICAGO, IL, AUGUST 7-8, 2004.

**INJURIES OF THE DISTAL ULNA AND DISTAL RADIOULNAR JOINT.** FERNANDEZ JJ.  
**CURRENT OPTIONS IN THE TREATMENT OF WRIST FRACTURES;** AAOS OLC,  
ROSEMONT, IL, MAY 14-15, 2004.

**LOWER EXTREMITY TRAUMA SOFT TISSUE RECONSTRUCTION.** FERNANDEZ JJ.  
**ILLINOIS TRAUMA SYMPOSIUM, 2<sup>ND</sup> ANNUAL MEETING;** CHICAGO, IL, MARCH  
26, 2004.

**OPERATIVE APPROACHES: ELBOW, WRIST, AND HAND.** FERNANDEZ JJ.  
**ACADEMY OF PHYSICAL MEDICINE AND REHABILITATION,** OCT 10, 2003.

**ENDOBUTTON-ASSISTED REPAIR OF DISTAL BICEPS TENDON RUPTURES.**  
GREENBERG JA, FERNANDEZ JJ, WANG T, AND TURNER C. **JOURNAL OF  
SHOULDER AND ELBOW SURGERY,** VOL 12, NO 5 (SEPTEMBER), 2003.

**WRIST AND HAND: CURRENT CONCEPTS OF WORK RELATED INJURIES.**  
FERNANDEZ JJ. PRESENTED AT **WORKERS COMPENSATION LAWYERS  
ASSOCIATION 2003 MEDICAL SEMINAR;** CHICAGO, IL, SEPTEMBER 26, 2003.

**EXTERNAL FIXATION INDICATIONS.** FERNANDEZ JJ. **AO ASIF OPERATION ROOM  
PERSONNEL COURSE, BASIC COURSE,** CHICAGO, IL, AUGUST 1-2, 2003.

**DISTAL BICEPS TENDON RUPTURE: CURRENT CONCEPTS.** FERNANDEZ JJ.  
**GRAND ROUNDS: NORTHWESTERN UNIVERSITY DEPARTMENT OF  
ORTHOPAEDIC SURGERY,** CHICAGO, IL, JULY 25, 2003.

**ARTHROSCOPIC AND OPEN MANAGEMENT OF BENNETT'S FRACTURES.**  
FERNANDEZ JJ. **WRIST ARTHROSCOPY: CURRENT KNOWLEDGE, NEW  
HORIZONS;** AAOS OLC, ROSEMONT, IL, APRIL 11-12, 2003.

**COMPLICATIONS OF TRIANGULAR FIBROCARILAGE COMPLEX SURGERY.**  
FERNANDEZ JJ. **WRIST ARTHROSCOPY: CURRENT KNOWLEDGE, NEW  
HORIZONS;** AAOS OLC, CHICAGO, IL, APRIL 11-12, 2003.

**DISTAL BICEPS RUPTURES – ANTERIOR APPROACH – WHY AND HOW.** FERNANDEZ  
JJ. **AMERICAN SOCIETY FOR SURGERY OF THE HAND, SPECIALTY DAY: THE  
UPPER EXTREMITY: CURRENT CONTROVERSIES AND TECHNIQUES;** NEW  
ORLEANS, LA, FEBRUARY 18, 2003.

**SINGLE INCISION TECHNIQUE FOR DISTAL BICEPS TENDON REPAIR: USING THE  
ENDOBUTTON.** FOX JA AND FERNANDEZ JJ. **OPERATIVE TECHNIQUES IN SPORTS  
MEDICINE,** VOL 11, NO 1 (JANUARY), 2003.

**THE FIBONACCI SEQUENCE: RELATIONSHIP TO THE HUMAN HAND.** PARK AE, FERNANDEZ JJ, SCHMEDDERS K, AND COHEN MS. **JOURNAL OF HAND SURGERY**, 28A, 2003.

**PARTIAL OLECRANON EXCISION: THE RELATIONSHIP BETWEEN TRICEPS INSERTION SITE AND EXTENSION STRENGTH OF THE ELBOW.** DiDONNA ML, FERNANDEZ JJ, LIM T, HASTINGS H, AND COHEN MS. **JOURNAL OF HAND SURGERY**, 28A, 2003.

**SINGLE INCISION TECHNIQUE FOR DISTAL BICEPS TENDON REPAIR: USING THE ENDOBUTTON.** FOX JA AND FERNANDEZ JJ. **OPERATIVE TECHNIQUES IN SPORTS MEDICINE**, VOL 11, NO 1 (JANUARY), PP 42-46, 2003.

**COMPLEX HAND FRACTURES.** FERNANDEZ JJ. INTERNATIONAL INSTRUCTIONAL COURSE ANNUAL MEETING AMERICAN ASSOCIATION OF HAND SURGEONS, CANCUN, MEXICO, JANUARY 2002.

**CURRENT MANAGEMENT OF INFECTIONS OF THE UPPER EXTREMITY.** FERNANDEZ JJ. INSTRUCTIONAL COURSE ANNUAL MEETING AMERICAN SOCIETY FOR SURGERY OF THE HAND; BALTIMORE, MD, OCTOBER 4, 2001.

**WRIST ARTHROSCOPY: CURRENT TECHNIQUES AND PERSPECTIVES.** FERNANDEZ JJ. WRIST ARTHROSCOPY COURSE; AAOS OLC, ROSEMONT, IL, MAY 18-19, 2001.

**EXTERNAL FIXATION OF LARGE AND SMALL BONE FRACTURES.** FERNANDEZ JJ. AO ASIF TRAUMA SYMPOSIUM - ORTHOPAEDIC TRAUMA: TEAM APPROACH TO FRACTURE MANAGEMENT; CHICAGO, IL, AUG 1999.

**SINGLE INCISION TECHNIQUE FOR BICEPS TENDON REPAIR.** ANDERSON GB AND FERNANDEZ JJ. PRESENTED AT AMERICAN SPORTS MEDICINE FELLOWSHIP SOCIETY, 6<sup>TH</sup> ANNUAL MEETING; BIRMINGHAM, AL, JUNE 1999.

**FRACTURES OF THE DISTAL RADIUS TREATED BY EXTERNAL FIXATION AND LIMITED DORSAL ARTHROTOMY.** BALTERA RM AND FERNANDEZ JJ. **ATLAS OF THE HAND CLINICS**, 2 (1): PP 73-96. PHILADELPHIA, W.B. SAUNDERS, 1997.

**OUTCOME OF SURGICALLY TREATED DISTAL RADIUS FRACTURES USING THE SF-36.** FERNANDEZ JJ, GRUEN GS, AND HERNDON JH. **CLINICAL ORTHOPAEDICS AND RELATED RESEARCH**, 341: PP 36-41, 1997.

**A NEW TECHNIQUE FOR REPAIR OF DISTAL BICEPS TENDON AVULSIONS.** FERNANDEZ JJ, GREENBERG JA, WANG T, AND TURNER C. PRESENTED AT AMERICAN SOCIETY FOR SURGERY OF THE HAND, 52ND ANNUAL MEETING; DENVER, CO, SEPTEMBER 1997.

**DISTAL BICEPS TENDON RUPTURE: A NEW REPAIR TECHNIQUE.** FERNANDEZ JJ, GREENBERG JA, WANG T, AND TURNER C. PRESENTED AT **MID-AMERICA ORTHOPAEDIC ASSOCIATION, 15TH ANNUAL MEETING;** HILTON HEAD, SC, APRIL 1997.

**FLEXOR TENDON INJURIES AND MANAGEMENT.** FERNANDEZ JJ. **FLORIDA HAND FORUM;** FORT LAUDERDALE, FL, MARCH 1997.

**OUTCOME OF DISTAL RADIUS FRACTURES USING THE SHORT-FORM 36-ITEM HEALTH SURVEY.** FERNANDEZ JJ, GRUEN GS, AND HERNDON JH. PRESENTED AT **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS, 64TH ANNUAL MEETING;** SAN FRANCISCO, CA, FEBRUARY 1997.

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**FACULTY INSTRUCTOR, HAND CARE 1996: CLINICAL PERSPECTIVES IN UPPER EXTREMITY SURGERY AND REHABILITATION.** INDIANAPOLIS, IN, 1996.

**FACULTY MODERATOR, AMERICAN ORTHOPAEDIC ASSOCIATION RESIDENT'S CONFERENCE.** PITTSBURGH, PA, 1995.

**DVD / VIDEOS**

**ARTHROSCOPIC ASSISTED OUTSIDE-IN REPAIR OF TRIANGULAR FIBROCARILAGE COMPLEX TEARS.** FRANK RM, FERNANDEZ JJ, COHEN MS, WYSOCKI RW. **2016**  
**AAOS ANNUAL MEETING ORTHOPAEDIC VIDEO THEATRE - AWARD PROGRAM.**  
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**THE FRACTURED WRIST. VIRTUAL FELLOWSHIP SERIES.** FERNANDEZ JJ.  
AAOS/ASSH; 2007.

**REPAIR OF DISTAL BICEPS TENDON RUPTURES - ENDOBUTTON TECHNIQUE.**  
GREENBERG JA AND FERNANDEZ JJ. ACCEPTED INTO VIDEO TAPE LIBRARY FOR  
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MINNEAPOLIS, MN, SEPTEMBER 1998.

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GREENBERG JA AND FERNANDEZ JJ. VIDEO TAPE AT **AMERICAN SOCIETY FOR**  
**SURGERY OF THE HAND, 52ND ANNUAL MEETING;** DENVER, CO, SEPTEMBER  
1997.

## **MEETINGS & COURSES**

**AMERICAN SOCIETY FOR SURGERY OF THE HAND, ANNUAL MEETING**  
BOSTON, MA, SEPTEMBER 2017

**AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS, ANNUAL MEETING**  
LAS VEGAS, NV, 2015.

**AMERICAN SOCIETY FOR SURGERY OF THE HAND, 70<sup>TH</sup> ANNUAL MEETING**  
SEATTLE, WA, SEPTEMBER 2015

**CHICAGO SPORTS MEDICINE SYMPOSIUM**  
CHICAGO, IL, AUGUST 2015.

**AAOS/ASSH GENERAL ORTHOPAEDIC REVIEW**  
CHICAGO, IL, JULY 2015.

**AO TRAUMA SEMINAR – HAND AND WRIST FRACTURE MANAGEMENT**  
CHICAGO, IL, 2015

**AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS, ANNUAL MEETING**  
NEW ORLEANS, LA, 2014

**AMERICAN SOCIETY FOR SURGERY OF THE HAND, ANNUAL MEETING**  
Chicago, IL, September 2012.

**AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS, ANNUAL MEETING**  
Las Vegas, NV, Feb 2009.

**HAND & UPPER EXTREMITY THINK-TANK**  
VAIL, CO, JAN 2009.

**AMERICAN SOCIETY FOR SURGERY OF THE HAND, ANNUAL MEETING**  
Chicago, IL, September 2008.

**AAOS CURRENT OPTIONS IN THE TREATMENT OF WRIST INJURIES**  
CHICAGO, IL, MAY 2008.

**HAND & UPPER EXTREMITY THINK-TANK**  
BEAVERCREEK, CO, JAN 2008.

**TRI-ANNUAL INDIANAPOLIS HAND SOCIETY**  
INDIANAPOLIS, IN, MAY 1999.

**AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS**

SAN FRANCISCO, CA, FEBRUARY 1997.  
NEW ORLEANS, LA, FEBRUARY 1994.

**AMERICAN SOCIETY FOR SURGERY OF THE HAND**  
DENVER, CO, SEPTEMBER 1997.  
CHICAGO, IL, SEPTEMBER 1996.

**AMERICAN COLLEGE OF OCCUPATIONAL AND ENVIRONMENTAL MEDICINE**  
IMPAIRMENT AND DISABILITY COURSE; PITTSBURGH, PA, OCTOBER 1998.

**AMERICAN SOCIETY OF RECONSTRUCTIVE MICROSURGERY**  
BOCA RATON, FL, JANUARY 1997.

**MID-AMERICA ORTHOPAEDIC ASSOCIATION**  
HILTON HEAD ISLAND, SC, APRIL 1997.

**AO / ASIF HAND COURSE**  
INDIANAPOLIS, IN, JANUARY 1996.

**AGEE CARPAL TUNNEL RELEASE SYSTEM PROGRAM**  
INDIANAPOLIS, IN, JANUARY 1996.

**BASIC MICROVASCULAR COURSE**  
INDIANAPOLIS, IN, AUGUST 1995.

**HOLMIUM:YAG LASER FOR ARTHROSCOPY**  
INDIANAPOLIS, IN, OCTOBER 1995.

**ADVANCED APPLICATIONS OF ILIZAROV TECHNIQUE**  
BALTIMORE, MD, JULY 1994.

**TRAUMA APPLICATIONS OF ILIAZROV TECHNIQUE**  
BALTIMORE, MD, APRIL 1993.

**AO/ ASIF BASIC COURSE**  
TORONTO, CANADA, FEBRUARY 1992.

## **INTERESTS**

### **ORTHOPAEDICS OVERSEAS**

**HAITI EARTHQUAKE DISASTER MISSION, 2010.**

**KIKUYU HOSPITAL MISSION IN NAIROBI, AFRICA, 1995.**

**TECHNOPHILE – DIGITAL MEDIA & PHOTOGRAPHY, COMPUTERS (MAC)**

**VINTAGE CAR RESTORATION – FERRARI, PORSCHE, LAND ROVER, TOYOTA.**

**RUNNING - - MARATHON (2016), 10K, HALF MARATHON, LITE CLASS TRIATHLON.**

### **CLIMBING**

**GRAND TETON, SUMMIT 13,770 FT, 2010.**

**MOUNT RAINEIR, SUMMIT 14,409 FT, 2009.**

### **SCUBA DIVING**

**COCOS ISLAND, DEPTH 130 FT ON NITROX, 2007.**

**PISTOL / RIFLE / SHOTGUN COLLECTING AND MARKSMANSHIP**



## **REFERENCES**

### **JAMES W. STRICKLAND, MD**

PAST PRESIDENT, AAOS  
THE INDIANA HAND CENTER  
8501 HARCOURT ROAD  
INDIANAPOLIS, IN 46280-0434  
(317) 875-9105

### **WILLIAM B. KLEINMAN, MD**

PAST FELLOWSHIP DIRECTOR  
8501 HARCOURT ROAD  
INDIANAPOLIS, IN 46280-0434  
(317) 875-9105

### **ALEXANDER D. MIH, MD**

ASSISTANT PROFESSOR IN ORTHOPAEDIC SURGERY  
INDIANA UNIVERSITY MEDICAL CENTER  
541 CLINICAL DRIVE, CL 600  
INDIANAPOLIS, IN 46202-5111  
(317) 274-3224

### **MARK S. COHEN, MD**

ASSOCIATE PROFESSOR IN ORTHOPAEDIC SURGERY  
RUSH-PRESBYTERIAN-ST. LUKE'S MEDICAL CENTER  
1725 W. HARRISON, SUITE 1063  
CHICAGO, IL 60613  
(312) 243-4244

