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JOSHUA A. BLOMGREN, D.O.

EXPERIENCE

ASSISTANT PROFESSOR Primary Care Sports Medicine, Midwest Orthopaedics at RUSH, Chicago, IL. Rush University Medical Center, Departments of Family Practice and Orthopedics, Chicago, IL. August 2010-present.

ACADEMIC BACKGROUND

FELLOWSHIP Primary Care Sports Medicine, Rush University Medical Center, Chicago, IL. July 2010.

RESIDENCY Resurrection Family Practice Residency, Resurrection Medical Center, Chicago, IL. June 2009.

MEDICAL Doctor of Osteopathy, Chicago College of Osteopathic Medicine, Downers Grove, IL. May 2006.

UNDERGRADUATE Bachelor of Science in Biochemistry, Benedictine University, Lisle, IL. May 2001.

HONORS & AWARDS

Dean's Commendation Award, Midwestern University's Chicago College of Osteopathic Medicine, May 2006.

Graduate *Cum Laude*-Benedictine University, May 2001

Inductee-Phi Lambda Upsilon, Honorary Chemical Society, May 2001

Most Outstanding Physical Chemistry Student, 2000-2001 Academic Year

Inductee-Kappa Mu Epsilon, National Mathematics Honor Society, 2000

Most Outstanding Physics Student, 1997-1998 Academic Year

SPORTS MEDICINE/LEADERSHIP ACTIVITIES

Co-Team Physician, Chicago White Sox, Chicago, IL, March 2011-present

Head Team Physician, Willowbrook High School, Villa Park, IL, August 2012-present

Aid Station Medical Captain, Bank of America Chicago Marathon and Shamrock Shuffle, Chicago, IL, Current

Medical Director, Chicago Athlete Magazine 20-Miler, Elk Grove Village, IL, Current

Head Team Physician, Chicago Red Stars, Chicago, IL, May 2012.

Event Physician, IGI Annual Gymnastics Meet, Chicago, IL, Current.

Head Team Physician, Snoop Youth Football League-Chicago Chapter, Chicago, IL, 2011.

Head Team Physician, York Community High School, Elmhurst, IL, August 2010-May 2012

Physician, Mount Carmel High School Pre-Participation Physicals, May 2010.

Co-Team Physician, Chicago Force Football Team, April 2010-July 2010.

Covering Physician, Chicago White Sox Spring Training, Glendale, AZ, March 2010.

Physician, Bank of America Chicago Marathon, October 2009.

Co-Team Physician, DePaul University Athletics, August 2009-August 2010.

Co-Team Physician, Trinity International University Athletics, August 2009-August 2010.

Physician, Bank of America Chicago Marathon, October 2008.

Physician, Men's Health Chicago Urbanathlon, October 2008.

Physician, USA Cycling Professional Criterium Championships, Downers Grove, IL, August 2008.

Event Physician, Bank of America Open, Nationwide PGA Tour, The Glen Club, Glenview, IL, May 2008.

Volunteer Physician, Community Dermatologic Screening, Resurrection Medical Center, May 2008.

Physician, LaSalle Bank Chicago Marathon, October 2007.

Residency Representative, AAFP Resident and Student National Conference, Kansas City, MO, August 2007.

Health Fair Volunteer, Fitness Screening and Assisting with Exercise Prescription, Health and Fitness Fair, Resurrection Medical Center, January 2007.

Sideline Physician, Loyola Academy Football, 2006/2007.

President, Chicago College of Osteopathic Medicine Class of 2006, 2004-2006 Academic Years.

President, Local Chapter of Student Osteopathic Medical Association, 2003-2004 Academic Year

PUBLICATIONS/PRESENTATIONS

Faculty Lecturer, Multiple Topics throughout Academic Year, Rush University Medical Center-Primary Care Sports Medicine Conference, Current.

"Low Back Pain in the Adolescent Athlete", ATI Physical Therapy National Sports Medicine Summit. August 2013

"Asthma and the Athlete", Accelerated Rehab Summer Sports Symposium, *Caring for the Athlete: Beyond the Bones*. August 2012.

"Analysis of Glenohumeral Joint Rotational Deficits in Softball Windmill Pitchers", Rush University Medical Center-Department of Orthopedic Surgery 22nd Annual Thesis Day, June 2010.

Case Presentation, "Cervical Injury-Football". American College of Sports Medicine Annual Meeting, Baltimore, MD. June 2010.

Lecturer, "Diabetic Athlete", Rush University Medical Center-Primary Care Sports Medicine Conference, May 2010.

Poster Presentation, "Foot Injury-Adolescent Athlete". American Medical Society for Sports Medicine Annual Meeting, Cancun, MX. April 2010.

"Acute Shoulder Injuries in Child and Adolescent Athletes". *Illinois Pediatrician*. Volume 27,

Number 4. December, January, February 2009-2010.

Lecturer, "Rheumatology in Sports Medicine", Rush University Medical Center-Primary Care Sports Medicine Conference, December 2009.

Lecturer, "Gastrointestinal Disorders in Athletes", Rush University Medical Center-Primary Care Sports Medicine Conference, October 2009.

Lecturer, "Performance Enhancing Substances", Rush University Medical Center-Primary Care Sports Medicine Conference, September 2009.

Guest Lecturer, "Steroids and Other Performance Enhancing Substances", Lincoln Junior High School, Physical Education Classes, Park Ridge, IL, February 2007.

RESEARCH EXPERIENCE

Research Assistant-Ben May Institute for Cancer Research, University of Chicago, August 2001-August 2002.

- Evaluated the binding capacity of Estradiol-like and Tamoxifen-like compounds to an Estrogen-receptor protein model using a biofluorescence assay in an effort to find compounds selectively binding Estrogen-receptor positive breast cancer cell lines to evaluate proliferation or suppression of tumor cell growth

Research Assistant-Benedictine University in association with Argonne National Laboratories, Summer Internship June 2000-August 2000.

- Analyzed various methods of preparation for bacterial growth media to optimize bacterial growth for use in chromium uptake assay to evaluate bacteria's role in removal of radioactive and heavy metal waste from the soil and the water table

PROFESSIONAL MEMBERSHIPS

American Medical Society for Sports Medicine

American College of Sports Medicine

American Association of Family Physicians

Illinois Association of Family Physicians

LICENSES & CERTIFICATIONS

CAQ Sports Medicine, American Board of Family Physicians, Certified 2011

Diplomate, American Board of Family Physicians, Certified 2009

Illinois Physician and Surgeon-Active

COMLEX Level I-pass June 2004, Level II-CE-pass January 2006, Level II-PE-pass March 2006, Level III-pass January 2008

Advanced Cardiac Life Support

Pediatric Advanced Life Support

Neonatal Advanced Life Support

Basic Life Support